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| Date: | February 8, 2022 | Team Record: 36-27 |
| Location: | Shenandoah | |
| Teams: | Clarinda, Glenwood, Shenandoah, SW Iowa, SW Valley | |
| | | |
| 98 lbs | Carlos Zamago | 2-0 |
| Round 1 | Win By Fall over Jayden Arnold (SW Valley) in 2:44. | |
| Round 2 | Won an 11-6 decision against Mark Reed (Glenwood). | |
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| 105 lbs | Jayden Vang | 2-1 |
| Round 1 | Lost By Fall to Hayden Roush (Shenandoah) in 2:30. | |
| Round 2 | Win By Fall over JLandon Ramos (SW Iowa) in :38. | |
| Round 3 | Win By Fall over Jayden Arnold (SW Valley) in 1:47. | |
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| 107 lbs | Owen Galvin | 1-1 |
| Round 1 | Won an 11-8 decision against Ashton Boswell (SW Valley). | |
| Round 2 | Lost a major decision against Hayden Roush (Shenandoah) 0-8. | |
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| 107 lbs | Trae Hartwig | 1-1 |
| Round 1 | Lost By Fall to Brody Crozier (SW Valley) in :31. | |
| Round 2 | Win By Fall over Ashton Boswell (SW Valley) in 1:45. | |
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| 109 lbs | Matthew Sandoval | 0-0 |
| | Did not wrestle (suspension). | |
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| 112 lbs | Ethan Totten | 1-1 |
| Round 1 | Lost a 0-7 decision against Ethan Laughlin (Shenandoah). | |
| Round 2 | Lost a 1-7 decision against Brody Crozier (SW Valley). | |
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| 114 lbs | Aiden Medrano | 2-0 |
| Round 1 | Win By Fall over Kayden Barrett (Glenwood) in :32. | |
| Round 2 | Won a 7-6 decision against Brody Sparks (SW Valley). | |
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| 115 lbs | Jayden Bradley | 2-0 |
| Round 1 | Win By Fall over Dominic Patino (Glenwood) in 3:08. | |
| Round 2 | Win By Technical Fall over Ashton Boswell (SW Valley) 17-0. | |
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| 116 lbs | Aden Esquerra | 1-0 |
| Round 1 | Win By Technical Fall over Dominic Patino (Glenwood) 16-1. | |
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| 117 lbs | Jackson Graeve | 1-1 |
| Round 1 | Win By Fall over Rhett Lemonds (SW Iowa) in 1:16. | |
| Round 2 | Lost a 1-4 decision against Ethan Laughlin (Shenandoah). | |
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| 118 lbs | Wilson Riphin | 1-1 |
| Round 1 | Lost a 1-6 decision against Brody Sparks (SW Valley). | |
| Round 2 | Won a 6-4 decision against Kambry Gordon (Clarinda). | |
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| 118 lbs | Phoenix Hodne | 0-0 |
| | Did not wrestle (sick). | |
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| 119 lbs | Xavier Velazquez | 2-0 |
| Round 1 | Win By Technical Fall over Dominic Patino (Glenwood) 16-0. | |
| Round 2 | Win By Fall over Rhett Lemonds (SW Iowa) in 2:36. | |
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| | | |
| 120 lbs | Ivan Ledesma | 2-0 |
| Round 1 | Win By Fall over Brody Sparks (SW Valley) in :10. | |
| Round 2 | Win By Fall over Kyle Shuler (SW Iowa) in :35. | |
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| 121 lbs | Logan Harper | 0-2 |
| Round 1 | Lost By Fall to Kayden Barrett (Glenwood) in 1:10. | |
| Round 2 | Lost By Fall to Rhett Lemonds (SW Iowa) in 1:45. | |
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| 126 lbs | Chase Williams | 1-1 |
| Round 1 | Win By Fall over Maya Rivas (Glenwood) in 1:10. | |
| Round 2 | Lost By Fall to Blake Shaff (SW Iowa) in 3:34. | |
| | | |
| 129 lbs | Kpaw Moo Soe | 2-0 |
| Round 1 | Win By Fall over Layla Goines (Glenwood) in :16. | |
| Round 2 | Win By Fall over Maya Rivas (Glenwood) in 1:24. | |
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| 131 lbs | Luis Lopez | 1-0 |
| Round 1 | Win By Fall over Tyler Schmitt (Glenwood) in 2:50. | |
| | | |
| 139 lbs | Miguel Hernandez | 2-1 |
| Round 1 | Win By Fall over Nick Romero (Shenandoah) in 1:25. | |
| Round 2 | Lost By Technical Fall to Conner Wear (Glenwood) 4-20. | |
| Round 3 | Win By Fall over Nick Romero (Shenandoah) in 3:58. | |
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| 141 lbs | Cole Kastner | 1-0 |
| Round 1 | Win By Fall over Carter Buttry (SW Iowa) in 1:28. | |
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| 144 lbs | Luol Deng | 0-0 |
| | Did not wrestle (suspension). | |
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| 153 lbs | Angie Rivera | 0-0 |
| | Did not wrestle (injured). | |
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| 154 lbs | Diego Garcia | 1-1 |
| Round 1 | Lost By Fall to Cameron Martens (Glenwood) in 1:59. | |
| Round 2 | Win By Fall over Brody May (Glenwood) in :59. | |
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| 154 lbs | Javier Medina | 2-0 |
| Round 1 | Won a major decision against Noah Howe (SW Iowa) 12-4. | |

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| Round 2 | Win By Fall over Jalon Olson (Clarinda) in 3:42. | |
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| 155 lbs | Malachi Esteves | 0-2 |
| Round 1 | Lost By Fall to Jalon Olson (Clarinda) in 3:07. | |
| Round 2 | Lost By Fall to Grahm Newberry (Glenwood) in :30. | |
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| 160 lbs | Victor Arroyo | 1-1 |
| Round 1 | Won a major decision against Noah Howe (SW Iowa) 10-1. | |
| Round 2 | Lost By Fall to Jacob Aust (Glenwood) in :35. | |
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| 160 lbs | Akuien Aruai | 0-0 |
| | Did not wrestle (sick). | |
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| 162 lbs | Izak Argotsinger | 0-0 |
| | Did not wrestle (sick). | |
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| 162 lbs | Owen Fink | 1-1 |
| Round 1 | Lost By Fall to Parker Meters (SW Iowa) in 3:14. | |
| Round 2 | Win By Fall over Brody May (Glenwood) in :38. | |
| | | |
| 162 lbs | Ryan Slechta | 1-1 |
| Round 1 | Win By Fall over Derek Hanshaw (SW Iowa) in :51. | |
| Round 2 | Lost a 0-6 decision against Parker Meyers (SW Iowa). | |
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| 200 lbs | Arturo Marquez | 1-1 |
| Round 1 | Lost an 8-9 decision against Will Berning (Shenandoah). | |
| Round 2 | Won a 5-3 decision against Jade Corpron (Shenandoah). | |
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| 210 lbs | Alexander Arita | 2-0 |
| Round 1 | Win By Fall over Todd Schmitt (Glenwood) in 1:09. | |
| Round 2 | Win By Fall over Drew Dempsey (Glenwood) in 1:40. | |
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| 210 lbs | Jackson Cisneros | 1-1 |
| Round 1 | Win By Fall over Drew Dempsey (Glenwood) in 3:44. | |
| Round 2 | Lost a 2-3 decision against Will Berning (Shenandoah). | |
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| 213 lbs | Max Chapa | 0-2 |
| Round 1 | Lost By Fall to Colton Clark (Glenwood) in 3:30. | |
| Round 2 | Lost by Sudden Victory 5-7 to Nathan Stenzel (Shenandoah). | |
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| 217 lbs | Tony Zamora-Avina | 0-2 |
| Round 1 | Lost By Fall to Colton Clark (Glenwood) in 2:50. | |
| Round 2 | Lost By Fall to Anthony Johnson (Shenandoah) in 2:13. | |
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| 218 lbs | Aidan Eggeling | 1-1 |

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| Round 1 | Lost By Fall to Colton Clark (Glenwood) in 1:10. | |
| Round 2 | Win By Fall over Nathan Stenzel (Shenandoah) in 1:35. | |
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| 225 lbs | Byron Acosta | 0-2 |
| Round 1 | Lost By Fall to Devon Nabors (Glenwood) in :44. | |
| Round 2 | Lost By Fall to Anthony Johnson (Shenandoah) in :29. | |
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| 235 lbs | Omar Pulido | 0-0 |
| | Did not wrestle (no matches). | |
| 254 lbs | Mario Alfaro | 0-2 |
| Round 1 | Lost By Fall to Anthony Johnson (Shenandoah) in :15. | |
| Round 2 | Lost By Fall to Devon Nabors (Glenwood) in 1:17. | |
| 297 lbs | Dawson Stephens | 0-0 |
| | Did not wrestle (academics). | |