

# Lady Monarch Wrestling

## 2023-24 End of Season Report

<b>Head Coach</b>	Jacob Brawner	<b>Assistant Coach</b>	Joe Brawner
<b>Captains</b>	Angie Rivera Taya Adams	<b>Manager</b>	Cheyenne Vang

### Season Schedule

Event	Type	Result
Ridge View	Dual	Lost 72-9
Algona	Dual	Lost 72-6
Spencer	Dual	Lost 66-12
Western Iowa	Tournament	3rd - 130 points
CBTJ	Tournament	4th - 143 points
Audubon	Dual	Won 76-6
Hinton	Dual	Won 66-12
Carroll	Dual	Won 46-33
Riverside	Tournament	4th - 132 points
Carroll	Dual	Lost 42-36
Gilbert	Dual	Lost 42-40
Kuemper	Tournament	No Team Scores
Lo-Ma	Tournament	4th - 116 points
Missouri Valley	Dual	Lost 42-27
ATU	Dual	Lost 36-36 (criteria)
SWAT	Tournament	14th - 31 points
Glenwood	Dual	Won 42-39
Kuemper	Dual	Won 42-30
IGHSAU Regionals	Tournament	8th - 90 points
IGHSAU State	Tournament	

### End of Season Roster

Last Name	First Name	Grade
*Adams	Taya	12
*Alcaraz	Andrea	9
*Barroso	Kasandra	11
*Castillo	Ana	11
*Collins	Grace	9
Espinoza	Samantha	9
Estrada	Miranda	11
*Garcia	Giana	10
*Granados	Marisol	9
*Hartwig	Alexis	11
Perez	Briana	9
Ramirez	Katherine	9
Ramos	Guadalupe	9
*Ransom	Addison	10
*Rivera	Angie	10
Rivera	Nallely	11
Rodriguez	Katerin	10
*Rodriguez	Yarecze	11
*Totten	Taylor	12
*Tremblay	Alexa	11

### Team Voted Awards

Most Valuable Wrestler	Taya Adams
Most Improved	Giana Garcia
Hardest Worker	Angie Rivera
Monarch Award	Taya Adams

### \*Varsity Letter

### State Qualifiers

Taya Adams	130 pounds	DNP
Angie Rivera	140 pounds	DNP

Season recap commentary on page two

## Comments from Head Coach Jacob Brawner

It felt like we got our feet underneath us a bit in our second year of competition. We were able to build a solid lineup that had four top four finishes in tournaments throughout the season. We don't have any top tier girls from a talent perspective at this point, but we have a lot of solid girls throughout our lineup and we improved immensely from quite an eye-opening experience against some tough teams on the first night of the season.

We were essentially able to rewrite the record books in year two with a number of additions to the following season top 10 records: Wins in a season: 7/10; Win Percentage: 6/10; Takedowns: 6/10; Falls: 6/10; Fastest Fall: 6/10.

It is a very long and grueling season, and we were decimated a bit by injuries and girls not sticking it out the whole season. We still managed to finish the season with 20 girls on our roster.

We finished 8th out of 24 as a team at the regional meet and 7 of the 9 girls we took were able to win a match at the meet. Senior Taya Adams punched her ticket to the state tournament at 130 pounds and sophomore Angie Rivera was able to qualify for state for the second consecutive year.

Areas of focus for the future:

- Recruit athletic and tough girls to join the team. We improved in this area during year two and have all but two varsity starters returning. Filling those gaps and getting girls in the room that challenge our current roster is imperative. We should start to see some freshmen come in next year with some experience, which will be nice to have.
- Recruit athletes to start participating in youth and middle school wrestling by building relationships. Girls wrestling is already commonplace in some areas around the state. We will struggle to keep up if we don't get girls involved sooner.
- Weight room and summer wrestling are a priority. If we want to be competitive, we need to close the gaps in these areas.
- Establish a schedule with dual meets being a priority. Dual meets emphasize the team aspect of wrestling.