

<b>Date:</b>	December 8, 2023	<b>Team Place:</b>	4th out of 26 teams
<b>Location:</b>	Riverside		
<b>Teams:</b>	AC/GC, ATU, Audubon, Aurora (NE), Chariton, Clarinda, Creston, Denison, Earlham, East Mills, East Sac, Harlan, Kuemper, Lathrop (MO), Lo-Ma, Panorama, Pekin, Red Oak, Ridge View, Riverside, Savannah (MO), Shenandoah, Southwest Iowa, Southwest Valley, Tripoli, Western Iowa		
***S/NS*** Represents Scoring and Non-Scoring. This refers to contribution to team points when we have more than one wrestler in the varsity bracket at a weight class.			
<b>VARSITY RESULTS</b>			
<b>105</b>	<b>Alexa Tremblay</b>	<b>6th Place</b>	
Champ Round 1	WBF (2:30) over Jordan Mulford (AUD)		
Quarters	Lost by Decision (10-4) to Aubrie Beed (AUR)		
Cons. Round 2	WBF (1:58) over Bella Peine (TRIP)		
Cons. Semis	WBF (1:58) over Cora Fluharty (PAN)		
5th Place Match	LBF (2:17) to Lakine Archer (WIA)		
<b>110</b>	<b>Addison Ransom</b>	<b>6th Place</b>	
Champ Round 1	WBF (5:20) over Cadence Petersen (ACGC)		
Quarters	LBF (4:23) to Natalie Waltz (PAN)		
Cons Round 2	BYE		
Cons Semis	WBF (2:20) over Stacy Flores (RV)		
5th Place Match	LBF (2:58) to Kambry Gordon (CLAR)		
<b>115</b>	<b>Grace Collins (S)</b>	<b>DNP</b>	
Champ Round 1	LBF (4:30) to Jazmine Orduna (RV)		
Cons. Round 1	BYE		
Cons. Round 2	LBF (0:32) to Natalie Donovan (PAN)		
<b>115</b>	<b>Marisol Granados (NS)</b>	<b>8th Place</b>	
Champ Round 1	WBF (0:48) over Emma Brown (ACGC)		
Quarters	LBF (0:59) to Jade Brundige (SAV)		
Cons. Round 2	WBF (1:55) over Maddalynn Hume (SWI)		
Cons. Semis	LBF (1:34) to Natalie Donovan (PAN)		
7th Place Match	LBF (3:49) to Ally Sommerfeld (KUEM)		
<b>125</b>	<b>Ana Castillo</b>	<b>6th Place</b>	
Champ. Round 1	WBF (0:37) over Ashley Weber (WEIA)		
Quarters	LBF (2:55) to Kaetlyn Young (AUR)		
Cons. Round 2	WBF (1:05) over Reece Brisby (PEK)		
Cons. Semis	WBF (1:25) over Elaina Knipers (RO)		
5th Place Match	LBF (3:24) to Laura McCarville (AUD)		
<b>135</b>	<b>Angie Rivera</b>	<b>3rd Place</b>	
Champ Round 1	WBF (0:58) over Paige Wilwerding (HAR)		
Quarters	WBF (0:30) over Kylar Downey (CLAR)		
Semis	LBF (2:30) to Clara Sapienza (SWI)		

3rd Place Match	WBF (1:10) over Zoey Vandevender (CRES)	
<b>145</b>	<b>Aremy Santos (S)</b>	<b>4th Place</b>
Champ Round 1	WBF (1:09) over Jessica Cabrera (DS)	
Quarters	Won by Decision (10-7) over Nora Schellhorn (TRIP)	
Semis	LBF (0:44) to Emily Kesterson (SWI)	
3rd Place Match	LBF (5:36) to Annabel Baxter (ATU)	
<b>145</b>	<b>Jessica Cabrera (NS)</b>	<b>DNP</b>
Champ Round 1	LBF (1:09) to Aremy Santos (1:09) (DS)	
Cons Round 1	LBF (3:05) to Violet Carstensen (AUR)	
<b>155</b>	<b>Andrea Alcaraz (S)</b>	<b>4th Place</b>
Champ Round 1	BYE	
Quarters	WBF (2:18) over Miranda Estrada (DS)	
Semis	Lost by Decision (SV-1 11-9) to Alejandra Villanueva (CRES)	
3rd Place Match	LBF (1:11) to Briana Onnen (AUR)	
<b>155</b>	<b>Miranda Estrada (NS)</b>	<b>6th Place</b>
Champ Round 1	WBF (3:17) over Brianna Howard (WEIA)	
Quarters	LBF (2:18) to Andrea Alcaraz (DS)	
Cons. Round 2	WBF (2:27) over Dafne Hernandez (ACGC)	
Cons. Semis	WBF (0:23) over Addi Henggeler (SAV)	
3rd Place	Lost by Decision (8-4) to Nallely Rivera (DS)	
<b>155</b>	<b>Nallely Rivera (NS)</b>	<b>5th Place</b>
Champ Round 1	WBF (2:37) over Katherine Ramirez (DS)	
Quarters	LBF (1:45) to Briana Onnen (AUR)	
Cons. Round 2	WBF (2:28) over Elizabeth Lafler (TRIP)	
Cons. Semis	WBF (2:37) over Brianna Howard (WEIA)	
5th Place Match	Won by Decision (8-4) over Miranda Estrada (DS)	
<b>155</b>	<b>Katherine Ramirez (NS)</b>	<b>DNP</b>
Champ Round 1	LBF (2:37) to Nallely Rivera (DS)	
Cons Round 1	BYE	
Cons Round 2	LBF (2:48) to Addi Henggeler (SAV)	
<b>170</b>	<b>Kasandra Barroso (S)</b>	<b>3rd Place</b>
Champ Round 1	BYE	
Quarters	WBF (1:46) over Linda Spahn Godinez (RV)	
Semis	Lost by Decision (6-3) to Alexis Meyer (RV)	
3rd Place Match	WBF (1:21) over Adaya Miles (EM)	
<b>190</b>	<b>Taylor Totten (S)</b>	<b>1st Place</b>
Champ Round 1	BYE	
Quarters	BYE	

Semis	WBF (0:14) over Samantha Espinoza (DS)	
Finals	WBF (1:12) over Lillian Howe (SWI)	
<b>190</b>	<b>Samantha Espinoza (NS)</b>	<b>4th Place</b>
Champ Round 1	BYE	
Quarters	WBF (1:12) over Guadalupe Ramos (DS)	
Semis	LBF (0:14) to Taylor Totten (DS)	
3rd Place Match	LBF (0:15) to Khloie Corum (RIV)	
<b>190</b>	<b>Guadalupe Ramos (NS)</b>	<b>5th Place</b>
Champ Round 1	BYE	
Quarters	LBF (1:12) to Samatha Espinoza (DS)	
Cons. Round 2	BYE	
Cons. Semis	BYE	
5th Place Match	BYE	
<b>235</b>	<b>Lexi Hartwig</b>	<b>6th Place</b>
Champ Round 1	BYE	
Quarters	LBF (0:53) to Ashlee Sandoval (RV)	
Cons. Round 2	BYE	
Cons. Semis	WBF (1:54) over Brilee Vandusen (SHEN)	
5th Place Match	LBF (0:58) to Halie Hayes (EM)	

## JV RESULTS

<b>135</b>	<b>Briana Perez</b>	<b>2nd Place</b>
Round 1	Won by Major Decision (13-5) ove Brylea Woollums	
Round 2	Lost by Decision (8-7) to Lainey Buckendahl (RV)	
<b>140</b>	<b>Remigia Raymundo</b>	<b>1st Place</b>
Round 1	WBF (0:27) over Lauren Arnold (ATU)	
Round 2	Won by Decision (4-2) over Tyrany Mason (RV)	
<b>140</b>	<b>Belinda Garcia</b>	<b>3rd Place</b>
Round 1	LBF (0:41) to Joenelle Goldapp (ATU)	
Round 2	LBF (0:56) to Jolie Soukup (CHAR)	
Round 3	Won by Forfeit over Mazee Henningson (RV)	
<b>145</b>	<b>Andrea Lupian</b>	<b>1st Place</b>
Round 1	WBF (3:29) over Olivia Bandow (ATU)	
Round 2	Won by Decision (6-3) over Marissa Fetters (CHAR)	

### Comments from the Monarch coaching staff:

It was a good night of wrestling at Riverside as we were able to bring home 4th place as a team. We were down a couple normal varsity starters at 130 and 140 so it was nice to see us still rally and score some points in a tournament setting. It was also nice to be able to take all of our available girls and get them matches. Some of our girls are still getting some of their first few matches of the season.

The result highlight of the night goes to Taylor Totten as she won the 190 pound bracket. Angie Rivera and Kasandra Barroso wrestled to 3rd place finishes while Andrea Alcaraz and Aremy Santos each brought home 4th place honors.

While it was a good night overall, there is still plenty to work on. This makes two tournaments in a row that we've had a rough semifinal round of wrestling as a team. Those matches in the semis will be pivotal as the season goes on and we try to get over the hump. They're the difference between placing in the top 5 in a tournament to placing in the top 3 or being in contention to win. We also need to continue to get better at understanding the situation during a match. We need to learn how to wrestle when we are up 1, down 3, down 8, etc. and how you wrestle changes depending on the time in the match.

We need to continue to wrestle through positions, keep our hips high, and run our feet. We spent a little too much time wrestling on our knees tonight and we felt like we let quite a few matches slip away.

We'll enjoy our Saturday off and get back to work in practice on Monday.