

<b>Date:</b>	12/18/2025	<b>Season Record to Date:</b>	3-9
<b>Location:</b>	Carroll	<b>H-10 Record to Date:</b>	1-1
<b>Teams:</b>	Carroll, North Polk, Gilbert		
<b>Dual #1:</b>	North Polk	<b>Winner:</b>	Denison
<b>Final Score:</b>	41-30		
<b>Weight</b>	<b>Denison</b>	<b>North Polk</b>	<b>Result</b>
100	Open	Huxley Powers	Lost by For.
105	Open	Open	Double For.
110	Open	Lexie Keys	Lost by For.
115	Tricia Collins	Mollie Woods	Won by TF (15-0)
120	Open	Audrey Lucas	Lost by For.
125	Open	Ava Gray	Lost by For.
130	Open	Jacie Halupnick	Lost by For.
135	Lihley Vrieze	Janessa Cory	Won by Fall (3:00)
140	Open	Open	Double For.
145	Alejandra Aragon	Open	Won by For.
155	Andrea Alcaraz	Open	Won by For.
170	Emelie Martinez	Open	Won by For.
190	Gracen Plagge	Open	Won by For.
235	Cynthia Ornelas	Open	Won by For.
<b>Dual #2:</b>	Gilbert	<b>Winner:</b>	Gilbert
<b>Final Score:</b>	72-12		
<b>Weight</b>	<b>Denison</b>		<b>Result</b>
100	Open	Kaylee Overland	Lost by For.
105	Open	Aubrey Schmidt	Lost by For.
110	Tricia Collins	Julia Hanson	Won by Fall (3:18)
115	Open	Makenna Springer	Lost by For.
120	Open	Nora Long	Lost by For.
125	Open	Kate Melody	Lost by For.
130	Open	Tatum Heaberlin	Lost by For.
135	Lihley Vrieze	Cecilia Bowers	Lost by Fall (0:22)
140	Open	Leah Dolan	Lost by For.
145	Alejandra Aragon	Michaela Nissen	Lost by Fall (1:56)
155	Andrea Alcaraz	Kayla Tarbill	Won by Fall (2:48)
170	Emelie Martinez	Cece Wagner	Lost by Fall (3:38)
190	Gracen Plagge	Dzhesika Okumahba	Lost by Fall (3:09)
235	Open	Gracia Avochinou	Lost by For.

<b>Dual #3:</b>	Carroll	<b>Winner:</b>	Carroll
<b>Final Score:</b>	46-27		
<b>Weight</b>	<b>Denison</b>		<b>Result</b>
100	Open	Alexis Esquivel	Lost by For.
105	Open	Destiny Riesselman	Lost by For.
110	Tricia Collins	Brianna Hernandez	Won by TF (18-2)
115	Open	Reese Heller	Lost by For.
120	Open	Kamee Jones	Lost by For.
125	Open	Open	Double For.
130	Open	Maggie Dirx	Lost by For.
135	Open	Carley Jacobsen	Lost by For.
140	Lihley Vrieze	Cameron Kinkade	Won by Maj. Dec. (12-4)
145	Alejandra Aragon	Open	Won by For.
155	Andrea Alcaraz	Skylar Bloyer	Won by Fall (2:35)
170	Emelie Martinez	Open	Won by For.
190	Gracen Plagge	Emma Grossman	Lost by Maj. Dec. (16-3)
235	Cynthia Ornelas	Emma Daniels	Lost by Fall (0;19)

#### Junior Varsity Results

<b>Weight</b>	<b>Denison</b>		
120	Astrid Loarca	1-2	
190	Cynthia Ornelas	1-0	

#### Comments from the Monarch coaching staff:

The Monarchs finish up the second month of the season in Carroll. We finished 1-2 overall in duals tonight picking up a win against North Polk. Tricia Collins had a solid 3-0 performance with two tech falls, and a fall tonight. Andrea Alcaraz went 3-0 on the night with 2 falls and one win by forfeit as she was able to keep an offensive mindset throughout her matches. Lihley Vrieze went 2-1 on the night with a fall and a major decision vs. an opponent she had already beaten but didn't need a last second takedown this time. As we finish up practice this week and going into break, we are able to take a breath and do some reflection before one last sprint to the finish line in the month of January.