

Date:	November 22, 2025	Team Place:	7th Place
Location:	Sloan, Iowa		
Teams:	Western Iowa, Audubon, Treynor, ATU, Hinton-SBL, LeMars, Missouri Valley, Sioux City East		
115	Tricia Collins	5th Place	
Champ Round 1	Lost by Fall (3:04) to Macy Rasmussen (AUDU)		
Cons Round 1	Won by Fall (0:32) over Adrianna Westbrook (SCE)		
Cons. Round 2	Lost by Fall (5:28) to Makayla Cameron (WI)		
5th Place Match	Won by Dec. (7-1) over Teagan Babcock (MIVA)		
120	Lyric Longoria	4th Place	
Champ Round 1	Lost by Fall (1:27) to Olivia Poldberg (AUDU)		
Cons Round 1	Won by Fall (2:18) over Gabby Robertson (SCE)		
3rd Place Match	Lost by Fall (2:18) to Lexie Cooper (WI)		
125	Valeria Perez	6th Place	
Champ Round 1	Won by Dec. (1-0) over Laura McCarville (AUDU)		
Champ Round 2	Lost by Fall (2:51) to Jada Haywood (SCE)		
Cons. Round 2	Won by Fall (3:12) over Jordan Bogenrief (LEMA)		
Cons. Semis	Lost by Fall (0:54) to Emercyn TerWee (HINT)		
5th Place Match	Lost by Fall (3:00) to Laura McCarville (AUDU)		
140	Lihley Vrieze	6th Place	
Champ Round 1	Lost by Fall (3:15) to Liberty Sidney (WI)		
Cons Round 1	Won by Tech Fall (18-3) over Peyton Bertelsen		
Cons. Round 2	Lost by Fall (1:39) to Ellie Arrick (MIVA)		
5th Place Match	Lost by Fall (0:35) to Liberty Sidney (WI)		
155	Giana Garcia	DNP	
Champ Round 1	Lost by Fall (3:10) to Ryley Marcum (MIVA)		
Quarters	Lost by MD (11-0) to Annabel Baxter (ATU)		
155	Andrea Alcaraz	5th Place	
Champ Round 1	Lost by Fall (5:49) to Liz Young (TREY)		
Cons Round 1	Won by Fall (0:51) over Ryleigh Jenson (ATU)		
Cons. Round 2	Lost by Fall (2:59) to Kerene Panya (LEMA)		
5th Place Match	Won by Fall (4:38) over Annabel Baxter (ATU)		

170	Emelie Martinez	4th Place
Champ Round 1	Lost by Fall (5:46) to Amelia Grashorn (TREY)	
Cons Round 1	Won by Fall (0:26) over Khloe Gardner (MIVA)	
Cons Round 2	Won by Fall (2:34) over Cyah Mick (SCE)	
3rd Place Match	Lost by Fall (3:09) to Amelia Grashorn (TREY)	

190	Gracen Plagge	3rd Place
Champ Round 1	Won by Fall (2:50) over Carolynn Knott (TREY)	
Champ Round 2	Lost by Fall (2:50) to Ziva Schultz (SCE)	
Cons Round 2	Won by Fall (0:36) over Kailynn Harry (LEMA)	
3rd Place Match	Won by Fall (0:46) over Carolynn Knott (TREY)	

Comments from the Monarch coaching staff:

The Lady Monarchs returned to action on Saturday where we were able to get a lot of mat time throughout the lineup. We felt like a lot of growth was gained throughout as it was 5 of the 8 girls first varsity tournament experience. Gracen Plagge led the team in team points as she went 3-1 on the day earning 3rd place on the day. Several of the girls finished with a record of 2-2, but able to reflect on the good and areas of improvement throughout those 50-50 situations. We have a quick turnaround and look forward to another quality opportunity on Monday at Council Bluffs Abraham Lincoln as we will be taking the majority of our roster as there will be a Varsity and JV tournament ran at the same time.