

Date:	1/23/2024	Season Record to Date:	5-7
Location:	Glenwood	H-10 Record to Date:	2-0
Teams:	Denison, Glenwood, Kuemper		
Dual #1:	Kuemper	Winner:	Denison
Final Score:	42-30		
Weight	Denison	Kuemper	Result
100	Alexa Tremblay	OPEN	Won by Forfeit
105	OPEN	OPEN	Double Forfeit
110	Addison Ransom	Grace Hoffman	Lost by Fall (0:40)
115	OPEN	Ally Sommerfeld	Lost by Forfeit
120	OPEN	Sadie Smith	Lost by Forfeit
125	Ana Castillo	Kyla Wiskus	Lost by Fall (3:32)
130	Taya Adams	OPEN	Won by Forfeit
135	OPEN	Kyra Wolterman	Lost by Forfeit
140	Angie Rivera	OPEN	Won by Forfeit
145	Giana Garcia	OPEN	Won by Forfeit
155	Andrea Alcaraz	OPEN	Won by Forfeit
170	Kassandra Barroso	OPEN	Won by Forfeit
190	Taylor Totten	OPEN	Won by Forfeit
235	OPEN	OPEN	Double Forfeit
Dual #2:	Glenwood	Winner:	Denison
Final Score:	42-39		
Weight	Denison	Glenwood	Result
100	Alexa Tremblay	OPEN	Won by Forfeit
105	OPEN	Loralye Yenzer	Lost by Forfeit
110	Addison Ransom	Lilian Yenzer	Won by Fall (1:38)
115	OPEN	Emily Lundvall	Lost by Forfeit
120	OPEN	Audrina Johansen	Lost by Forfeit
125	Ana Castillo	Larualyse Flint-Spencer	Lost by Fall (1:54)
130	Taya Adams	OPEN	Won by Forfeit
135	OPEN	Maya Rivas	Lost by Forfeit
140	Angie Rivera	OPEN	Won by Forfeit
145	Giana Garcia	Kristina Fisher	Won by Fall (3:11)
155	Andrea Alcaraz	OPEN	Won by Forfeit
170	Kassandra Barroso	Lydia Logan	Lost by Decision (9-8)
190	Taylor Totten	OPEN	Won by Forfeit
235	OPEN	Kenzie Prindle	Lost by Forfeit

Comments from the Monarch coaching staff:

The wrestling action in tonight's duals was a little sparse as everyone is looking to get healthy for regionals on Friday. We were able to pick up two dual wins, but there were plenty of opens to go around in each dual. Ana Castillo suffered two losses, but there are absolutely things for

to go around in each dual. Ana Castillo suffered two losses, but there are absolutely things for her to build on for Friday. Addison Ransom and Giana Garcia both picked up wins that will help build some confidence.

We will keep these H-10 schools on our schedule, but will look to change the date of competition in the future so it's not so busy during the week of postseason competition.

We have two big days of practice here where we need to make some tweaks and look to get our minds right headed into Friday. A top 4 finish in your bracket at the regional meet on Friday sends you to the state tournament on Friday.