

Date:	January 16, 2026	Team Place:	7th Place
Location:	Perry HS		
Teams:	ATU, Dallas Center-Grimes, Grinnell, Harlan, Kuemper, Nevada, North Tama, PCM Monroe, Perry, Southeast Polk		
110	Tricia Collins		2nd Place
Quarters	Won by Fall (4:41) over Allie Minteer (PCM)		
Semis	Won by Dec. (11-5) over Nicole Wittrig (NEVA)		
Championship	Lost by TF (19-4) to Gianna Halsted (SEPK)		
130	Ali Hartwig		DNP
Champ Round 1	Lost by Fall (1:27) to Arabella Varvel (SEPK)		
Cons Round 1	Lost by TF (18-3) to Hadley Millang (PCM)		
145	Alejandra Aragon		DNP
Champ Round 1	Lost by Fall (1:55) to Adalynn Muhlbauer (NEVA)		
Cons. Semis	Lost by Fall (3:23) to Cara Schuette (KUCA)		
5th Place Match	Lost by Med. For. to Adalynn Muhlbauer (NEVA)		
155	Andrea Alcaraz		4th Place
Champ Round 1	Won by Fall (1:22) over Madison Rasmusson (NEVA)		
Semis	Lost by Fall (3:35) to Teryn VanderBeek (SEPK)		
Cons Semis	Won by Fall (1:37) over Carly Wilkerson (PCM)		
3rd Place Match	Lost by Fall (3:05) to Alaney Sienknecht (NTAM)		
170	Emelie Martinez		2nd Place
Round 1	Won by Fall (5:07) over Emma Beyers (PCM)		
Round 2	Won by Fall (2:24) over Chloe Junge (2:24)		
Round 3	Lost by Fall (0:32) to Rylie Massey (KUCA)		
Round 4	Won by Fall (1:21) over Janaya Malmberg (DCG)		
190	Gracen Plagge		2nd Place
Quarters	Won by Fall (0:54) over Addison Pitman (PCM)		
Semis	Won by Dec. (4-3) over Hanna Sucher (PERR)		
Championship	Lost by Fall (3:03) to Aubrey Borcherding (DCG)		

Comments from the Monarch coaching staff:

The Monarch girls were back in action on Friday in Perry where 3 of the 6 girls placed in the top 2 in their respective brackets. We felt like the girls were able to wrestle through situations rather than stopping to react to what the opponent would do. There was a better feeling of knowing how to wrestle with leads compared to earlier in the season which is a key component to their growth as wrestlers. We are looking forward to hosting a triangular in Monarch Gym on Thursday, and would love the support from the community for it. Everything now is finding and maintaining momentum towards January 30th for regionals.