



# State Qualifying Meet

## Thursday, May 9



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Hannah Harris	14.52		
Kamden Bruhn	14.36		
Alejandra Cardenas	26.82		
Charlotte Schrum	1:08.19		
<b>Total</b>	2:04.15	6th	1:59.72

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Kyia Clark	28.41		
Piomo Okwer	26.50		
Lauryn Turin	1:03.49		
Lola Mendlik	2:33.13		
<b>Total</b>	4:31.85	6th	4:27.32

200 Meter Dash			
	Time	Place	PR
Lauryn Turin	28.02	2nd	28.33
Alexa Santos	31.37		31.26

3000 Meter Run			
Name	Time	Place	PR
Lola Mendlik	11:32.34	3rd	11:20.05

400 Meter Dash			
Name	Time	Place	PR
Rylan Ipsen	1:19.20		1:19.92

1500 Meter Run			
Name	Time	Place	PR
Lola Mendlik	5:21.97	6th	5:05.80
Alexa Tremblay	5:46.70		5:33.87

4 X 800 Meter Relay			
Name	Split	Place	PR
Alexa Tremblay	2:45.96		
Annaluisa Cruz Nieto	2:55.98		
Rylan Ipsen	3:03.23		
Atong Agang	2:55.01		
<b>Total</b>	11:42.25	6th	10:46.35

4 X 200 Meter Relay			
Name	Split	Place	PR
Hannah Harris	31.90		
Kamden Bruhn	30.54		
Alexa Santos	31.47		
Atong Agang	32.49		
<b>Total</b>	2:06.76	8th	1:57.53

4 X 100 Relay			
Name	Split	Place	PR
Hannah Harris	13.57		
Lauryn Turin	13.52		
Emily Gehlsen	13.87		
Kyia Clark	12.84		
<b>Total</b>	54.98	5th	55.34

Shuttle Hurdle Relay			
Name	Split	Place	PR
Kamden Bruhn	18.84		
Alejandra Cardenas	18.75		
Kysa Neddermeyer	18.75		
Avery Bock	16.79		
<b>Total</b>	1:13.37	5th	1:15.36

100 Meter Hurdles			
Name	Time	Place	PR
Avery Bock	17.17	6th	17.57
Alejandra Cardenas	19.05		19.15

4 X 400 Relay			
Name	Split	Place	PR
Charlotte Schrum	1:05.41		
Atong Agang	1:10.73		
Kysa Neddermeyer	1:08.42		
Piomo Okwer	1:05.38		
<b>Total</b>	4:30.32	5th	4:23.75

800 Meter Run			
	Time	Place	PR
Analuisa Cruz Nieto	3:00.01		3:02.55

100 Meter Dash			
Name	Time	Place	PR
Kyia Clark	12.85	5th	12.78
Alexa Santos	14.8		14.29

Long Jump			
Name	Distance	Place	PR
Avery Bock	16-4.75	5th	17-00

Shot Put			
Name	Distance	Place	PR
Emily Gehlsen	30-9.25	7th	31-11
Mayah Slater	30-5.75		34-10.75

Discus			
Name	Distance	Place	PR
Mayah Slater	109-5	4th	105-10
Emily Gehlsen	88-1		97-8

### Personal Records - 8

#### Final Team Standings

ADM - 188  
 Glenwood - 139  
 Carroll - 97  
 Atlantic - 87  
 Storm Lake - 73  
 Harlan - 65  
 Denison - 51  
 Creston - 31