



# Hawkeye Ten Conference Meet

## Thursday, May 2



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Hannah Harris	14.16		
Avery Bock	13.19		
Lauryn Turin	28.50		
Piomo Okwer	1:04.84		
<b>Total</b>	2:00.99	6th	1:59.72

3000 Meter Run			
Name	Time	Place	PR
Analuisa Cruz Nieto	15:12.50		
Anna Galvin	15:34.21		

4 X 800 Meter Relay			
Name	Split	Place	PR
Lola Mendlik	2:30.39		
Charlotte Schrum	2:39.70		
Jenna Meadows	2:52.24		
Alexa Tremblay	2:43.62		
<b>Total</b>	10:46.35	5th	11:27.94

Shuttle Hurdle Relay			
Name	Split	Place	PR
Kamden Bruhn	18.19		
Alejandra Cardenas	20.01		
Kysa Neddermeyer	19.08		
Avery Bock	17.87		
<b>Total</b>	1:15.36	5th	1:15.48

100 Meter Dash			
Name	Time	Place	PR
Kyia Clark	13.19	4th	12.78
Alexa Santos	15.14		14.29

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Piomo Okwer	27.33		
Kyia Clark	28.68		
Lauryn Turin	1:01.27		
Lola Mendlik	2:29.80		
<b>Total</b>	4:27.32	3rd	4:30.46

400 Meter Dash			
Name	Time	Place	PR
Charlotte Schrum	1:07.17	8th	1:06.67
Kysa Neddermeyer	1:11.55		

4 X 200 Meter Relay			
Name	Split	Place	PR
Hannah Harris	30.33		
Atong Agang	29.32		
Kamden Bruhn	31.19		
Alejandra Cardenas	31.54		
<b>Total</b>	2:02.91		1:57.53

100 Meter Hurdles			
Name	Time	Place	PR
Avery Bock	17.84	6th	17.57
Rylan Ipsen	19.98		20.17

800 Meter Run			
Name	Time	Place	PR
Analuisa Cruz Nieto	3:02.55		3:12.93
Rylan Ipsen	3:05.19		

200 Meter Dash			
Name	Time	Place	PR
Atong Agang	30.32		31.66
Alexa Santos	31.26		32.83

1500 Meter Run			
Name	Time	Place	PR
Lola Mendlik	5:09.56	7th	5:05.80
Alexa Tremblay	5:33.87		5:39.63

4 X 100 Relay			
Name	Split	Place	PR
Hannah Harris	13.79		
Alejandra Cardenas	13.91		
Kamden Bruhn	15.26		
Emily Gehlsen	14.78		
<b>Total</b>	58.13		55.34

4 X 400 Relay			
Name	Split	Place	PR
Piomo Okwer	1:05.75		
Charlotte Schrum	1:05.95		
Atong Agang	1:07.56		
Lauryn Turin	1:04.13		
<b>Total</b>	4:23.75	7th	4:23.77

Long Jump			
Name	Distance	Place	PR
Avery Bock	16-6.75	2nd	17-00
Kyia Clark	14-2.25	8th	16-00.75

Shot Put			
Name	Distance	Place	PR
Mayah Slater	34-10.75	5th	33-01
Emily Gehlsen	30-9.50		29-00

Discus			
Name	Distance	Place	PR
Mayah Slater	101-10	4th	105-10
Emily Gehlsen	87-5.75		97-8

**Team Standings**

- Glenwood - 175
- Lewis Central - 110
- Atlantic - 93.33
- St. Albert - 72.50
- Harlan - 57.33
- Clarinda - 55.50
- Denison - 48
- Shenadoah - 41.33
- Kuemper - 36
- Creston - 32
- Red Oak - 19