



Ace Nelson Relays Tuesday, April 22



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Michelle Palma	13.84		
Cheyenne Vogt	14.06		
Alejandra Cardenas	28.10		
Alexa Garcia	1:17.45		
Total	2:13.70	8th	2:02.26

3000 Meter Run			
Name	Time	Place	PR
Lola Mendlik	11:44.72	2nd	12:00.68

4 X 800 Meter Relay			
Name	Split	Place	PR
Jenna Meadows	2:50.83		
Ann Wessel	3:13.37		
Chloe Galvin	3:11.62		
Addison Schillerberg	3:12.69		
Total	12:29.19	6th	12:10.11

Shuttle Hurdle Relay			
Name	Split	Place	PR
Kysa Neddermeyer	19.70		
Itzel Palma	20.08		
Rylan Ipsen	19.36		
Piomo Okwer	17.33		
Total	1:16.46	4th	1:16.04

100 Meter Dash			
Name	Time	Place	PR
Kyia Clark	13.18	3rd	12.9
Lauryn Turin	13.88	8th	13.85
Claire Olsen	13.97		14.67
Michelle Palma	14.52		14.42
Brooklyn Schneckloth	14.79		15.02
Karen Hernandez	15.71		15.96
Hailey Galvin	16.96		16.62

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Kyia Clark	26.45		
Piomo Okwer	26.93		
Lauryn Turin	1:04.59		
Lola Mendlik	2:37.04		
Total	4:35.43	1st	4:41.20

400 Meter Dash			
Name	Time	Place	PR
Claire Olsen	1:09.43		
Brooklyn Schneckloth	1:13.39		
Alexa Santos	1:15.16		
Alexa Garcia	1:16.82		1:15.97
Dyanara Magana	1:18.42		
Heidi Duarte	1:19.27		1:16.43
Addison Schillerberg	1:21.16		1:18.47
Anna Galvin	1:21.53		1:21.02
Alondra Rodriguez	1:25.14		
Lisset Lara	1:29.11		1:27.90
Monica Garza	1:32.98		

4 X 200 Meter Relay			
Name	Split	Place	PR
Michelle Palma	31.90		
Alejandra Cardenas	27.32		
Kysa Neddermeyer	29.97		
Cheyenne Vogt	31.16		
Total	2:00.64	4th	1:54.58

100 Meter Hurdles			
Name	Time	Place	PR
Piomo Okwer	16.51	2nd	16.42
Rylan Ipsen	19.77		19.20
Itzel Palma	20.39		20.64

800 Meter Run			
Name	Time	Place	PR
Charlotte Schrum	2:50.28	8th	2:46.61
Rylan Ipsen	2:59.86		3:05.45
Addison Schillernerg	3:13.02		3:09.56
Lisset Lara	4:00.61		3:52.62

200 Meter Dash			
	Time	Place	PR
Kyia Clark	27.42	4th	27.05
Lauryn Turin	28.79		29.00
Claire Olsen	30.14		
Itzel Palma	30.43		30.83
Sara Mun	31.36		
Dyanara Magana	31.62		
Brooklyn Schneckloth	31.84		31.86
Karen Hernandez	32.67		33.78
Michelle Palma	32.84		31.37
Alexa Santos	33.74		32.39
Alondra Rodriguez	35.95		37.30
Monica Garza	36.96		
Hailey Galvin	37.42		36.64

400 Meter Hurdles			
Name	Time	Place	PR
Lola Mendlik	1:16.33	4th	1:13.41

1500 Meter Run			
Name	Time	Place	PR
Chloe Galvin	6:31.59		6:31.41
Anna Galvin	6:50.14		7:03.12
Heidi Duarte	7:08.20		7:11.09

4 X 100 Relay			
Name	Split	Place	PR
Kyia Clark	12.75		
Alejandra Cardenas	12.50		
Lauryn Turin	14.44		
Piomo Okwer	13.75		
Total	54.12	5th	53.28

4 X 400 Relay			
Name	Split	Place	PR
Charlotte Schrum	1:04.15		
Kysa Neddermeyer	1:10.81		
Ann Wessel	1:16.20		
Jenna Meadows	1:16.82		
Total	4:48.26	6th	4:38.55

High Jump			
Name	Height	Place	PR
Sara Mun	J5-2	3rd	5-0

Shot Put			
Name	Distance	Place	PR
Mayah Slater	32-7	5th	33-10
Lauren Lambert	30-8		31-5
Gracen Plagge	29-2		29-5.75
Kazandra Ochoa	25-7		25-7.75
Guadalupe Ramos	14-0		13-1

Discus			
Name	Distance	Place	PR
Mayah Slater	110-5	1st	113-11
Gracen Plagge	75-11		83-8
Lauren Lambert	73-00		89-9
Kara Korner	66-11		67-5
Belinda Garcia	57-00		54-9
Vanessa Flores	42-8		44-6

Personal Records - 17

Final Team Standings

Tri Center - 125

Cherokee - 113.5

Lawton Bronson - 108.5

Denison - 86

MVAOCOU - 85

IKM - 70

Boyer Valley - 57

Kuemper - 44

Missouri Valley - 28

Ar-We-Va - 13