



Tri Center Meet

Thursday, April 11



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Kamden Bruhn	14.82		
Alexa Santos	13.44		
Hannah Harris	32.82		
Piomo Okwer	1:18.62		
Total	2:20.02		1:59.72

3000 Meter Run			
Name	Time	Place	PR
Lola Mendlik	11:58.60	1st	11:20.05

4 X 800 Meter Relay			
Name	Split	Place	PR
Analuisa Cruz Nieto	3:07.84		
Jenna Meadows	3:06.18		
Christell Salazar	3:14.81		
Anna Galvin	3:29.05		
Total	12:57.54		11:27.94

Shuttle Hurdle Relay			
Name	Split	Place	PR
Kysa Neddermeyer	20.77		
Kamden Bruhn	21.19		
Rylan Ipsen	20.67		
Avery Bock	19.62		
Total	1:22.55	6th	1:15.48

100 Meter Dash			
Name	Time	Place	PR
Kyia Clark	14.66	4th	13.60

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Hannah Harris	29.64		
Piomo Okwer	31.69		
Charlotte Schrum	1:09.02		
Alexa Tremblay	2:51.91		
Total	5:02.62		4:34.29

400 Meter Dash			
Name	Time	Place	PR
Lauryn Turin	1:08.24	2nd	1:04.20

100 Meter Hurdles			
Name	Time	Place	PR
Avery Bock	19.49	4th	17.63
Rylan Ipsen	24.55		21.23

800 Meter Run			
	Time	Place	PR
Analuisa Cruz Nieto	3:12.93		
Anna Galvin	3:23.92		3:37.15

200 Meter Dash			
	Time	Place	PR
Kyia Clark	30.14	5th	27.94
Lauryn Turin	30.24		28.76

1500 Meter Run			
Name	Time	Place	PR
Lola Mendlik	5:27.60	1st	5:05.80
Alexa Tremblay	5:39.82	4th	

4 X 100 Relay			
Name	Split	Place	PR
Alexa Santos	13.26		
Emily Gehlsen	14.44		
Ann Wessel	13.26		
Piomo Okwer	15.27		
Total	58.60		55.34

4 X 100 Relay			
Name	Split	Place	PR
Kyia Clark	12.88		
Avery Bock	12.57		
Hannah Harris	14.86		
Lauryn Turin	15.34		
Total	55.82	4th	55.34

4 X 400 Relay			
Name	Split	Place	PR
Charlotte Schrum	1:08.91		
Kamden Bruhn	1:13.03		
Jenna Meadows	1:20.06		
Atong Agang	1:12.19		
Total	4:54.42		4:42.82

Long Jump			
Name	Distance	Place	PR
Avery Bock	17-0	1st	16-7.5
Kyia Clark	14-11.25	3rd	16-0.75

High Jump			
Name	Distance	Place	PR
Charlotte Schrum	J4-6	4th	J4-6

Shot Put			
Name	Distance	Place	PR
Mayah Slater	29-07.75		32-10
Emily Gehlsen	26-08.50		28-3

Discus			
Name	Distance	Place	PR
Mayah Slater	89-04		101-1
Emily Gehlsen	86-10		

Personal Records - 2
Final Team Standings
St. Alberts - 107
Tri Center - 89.5
Treynor - 77
Denison - 70
Boyer Valley - 70
Carroll - 53
AHSTW - 50
Woodbine - 50
Heartland Christian - 9
West Harrison - 7.5
Missouri Valley - 6