



Rod Smith CO-ED Invite Tuesday, March 29



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Lauren Bowker	12.72		
Samantha Chandler	12.97		
Ashlyn Herrig	28.89		
Lola Mendlik	1:10.58		
Total	2:05.54	8th	

3000 Meter Run			
Name	Time	Place	PR
Magaly Salgado	15:16.23		

Shuttle Hurdle Relay			
Name	Split	Place	PR
Kaitlyn Bruhn	18.83		
Lauren Bowker	19.94		
Jordyn Linn	20.44		
Kamden Bruhn	19.79		
Total	1:19.25	3rd	

Shuttle Hurdle Relay			
Name	Split	Place	PR
Taya Adams	19.85		
Hannah Harris	20.11		
Lauren Herrig	21.68		
Atong Agang	23.83		
Total	1:25.90	8th	

100 Meter Dash			
Name	Time	Place	PR
Ashlyn Herrig	13.66	3rd	
Savannah Steinkuehler	14.26		
Brianna Musgrave	15.20		
Jessica Cabrera	16.33		
Harmony Holt	16.56		
Yadira Menendez-Anaya	16.83		

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Alexa Tremblay	29.83		
Mayah Slater	31.68		
Brianna Musgrave	1:10.74		
Emily Bahnsen	3:01.72		
Total	5:14.10	6th	5:00.87

400 Meter Dash			
Name	Time	Place	PR
Yadira Menendez-Anaya	1:22.40		
Harmony Holt	1:26.61		
Jessica Cabrera	1:28.07		

4 X 200 Meter Relay			
Name	Split	Place	PR
Kaitlyn Bruhn	29.63		
Samantha Chandler	30.29		
Savannah Steinkuehler	30.32		
Lauren Bowker	28.19		
Total	1:58.82	5th	1:57.02

100 Meter Hurdles			
Name	Time	Place	PR
Taya Adams	18.66	6th	
Kamden Bruhn	20.17		
Hannah Harris	20.70		
Jordyn Linn	20.71		
Lauren Herrig	DQ		

800 Meter Run			
Name	Time	Place	PR
Lola Mendlik	2:38.25	1st	2:41.65
Magaly Salgado	3:26.70		
Tiffany Ramirez	3:36.79		