



Carroll Early Bird Meet Thursday, March 26



Sprint Medley Relay (100-100-200-400)			
Name	Split	Place	PR
Aubrey Young	13.62		
Isabel Bradley	13.34		
Itzel Palma	30.61		
Elly Houston	1:17.20		
Total	2:15.28	7th	

3000 Meter Run			
Name	Time	Place	PR
Alisson Barroso	14:22.77	6th	

4 X 800 Meter Relay			
Name	Split	Place	PR
Heydy Leanos	3:02.89		
Rylan Ipsen	3:14.19		
Addyson Sturtevant	3:24.86		
Monserrat Renteria	3:24.63		
Total	13:07.46	6th	11:41.00

Shuttle Hurdle Relay			
Name	Split	Place	PR
Kysa Neddermeyer	20.89		
Monroe Bygness	21.75		
Isabelle Blume	19.76		
Piomo Okwer	16.25		
Total	1:18.84	3rd	

100 Meter Dash			
Name	Time	Place	PR
Kyia Clark	12.68	1st	
Itzel Palma	14.25		
Claire Olsen	14.32		
Aubrey Young	14.7		
Elly Houston	15.56		

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Kyia Clark	28.87		
Piomo Okwer	26.19		
Kysa Neddermeyer	1:10.83		
Hailey Cue	2:40.13		
Total	4:46.58	1st	

400 Meter Dash			
Name	Time	Place	PR
Addison Francois	1:12.29	7th	1:08.82

100 Meter Hurdles			
Name	Time	Place	PR
Piomo Okwer	16.68	2nd	
Isabelle Blume	19.09		
Rylan Ipsen	19.65		

800 Meter Run			
	Time	Place	PR
Hailey Cue	2:41.45	1st	2:34.81
Alisson Barroso	3:18.28		

200 Meter Dash			
	Time	Place	PR
Kyia Clark	27.92	4th	27.22
Sara Mun	30.24	8th	29.02

1500 Meter Run			
	Time	Place	PR
Heydy Leanos	6:48.29		6:32.15
Addyson Sturtevant	6:55.99		7:00.00
Chloe Galvin	6:58.27		6:50.10
Monserrat Renteria	7:17.00		6:58.00

4 X 100 Relay			
Name	Split	Place	PR
Addison Francois	15.31		
Isabel Bradley	14.95		
Elly Houston	14.53		
Aubrey Young	14.37		
Total	59.61		

4 X 100 Relay			
Name	Split	Place	PR
Itzel Palma	14.62		
Sara Mun	14.65		
Claire Olsen	13.43		
Piomo Okwer	13.36		
Total	56.93	6th	

Shot Put			
Name	Distance	Place	PR
Lauren Lambert	30-11.5	7th	30-3
Gracen Plagge	28-4.5		28-8.75
Sam Lopez	24.2.25		23-11.25
Kazandra Ochoa	23-0.5		23-0.75

Discus			
Name	Distance	Place	PR
Gracen Plagge	86-2	3rd	
Lauren Lambert	75-10	7th	
Sam Lopez	66-1		
Kazandra Ochoa	41-8		

High Jump			
Name	Distance	Place	PR
Sara Mun	J4-10	1st	5-2

Final Team Standings
Glenwood - 146.67
Boone - 101.33
Creston - 81
Harlan - 76
Denison - 67
Carroll - 62
Kuemper - 52
Saydel - 5
Personal Records - 3
All Time Top Ten Performance - Kyia Clark 100

Meet Schedule
Girls Running Events First, Followed by Boys
All Field Events - 4:30 pm
High Jump (Girls First)
Shot (Girls First)
Shot Wheelchair
Long Jump (Boys First)
Discus (Boys First)
Running Events- 5:00 pm
800m sprint medley relay
3000/3200 meter run
4 X 800 meter relay
Shuttle hurdle relay
100 meter dash
1600m distance medley relay
400 meter dash
4 X 200 meter relay
100/110 meter hurdles
800 meter run
200 meter dash
400 meter hurdles
1500/1600 meter run
4 X 100 meter relay
4 X 400 meter relay