



## Conference Meet Thursday, May 2



3200 Meter Run					9:26.99
Name	Time	Place	PR	Seeded	
Juan Diaz	12:57.66		12:57.88		

4x800					8:03.68
Name	Split	Place	PR	Heat Lane	
Kevin Sanchez	2:11				
Ethan Olsen	2:24				
Edgar Ortiz	2:24				
Anthony Valtierra	2:16				
<b>Total</b>	<b>9:17.82</b>	8	9:22.93		

15 Minute Mandatory Break

100 Meter Dash					10.61
Name	Time	Place	PR	Heat Lane	
Chris Lovan	12.32		11.73		

Long Jump					23'1"
Name	Jump	Place	PR	Seeded	
Edgar Ortiz	16'00"		17'05"		
Wilson Riphin	15'06"		16'11.5"		

High Jump					6'8"
Name	Jump	Place	PR	Seeded	
Jake Fink	5'6"		5'10"		
Grant Olsen	5'6"		5'6"		

Shot Put					65'00"
Name	Throw	Place	PR	Seeded	
Garret Plagge	40'9"		44'5.5"		
Dominik Garcia	42'8.25"		43'9"		

Distance Med					3:35.32
Name	Split	Place	PR	Heat Lane	
Trae Hartwig	24.81				
Wilson Riphin	25.52				
Edgar Ortiz	56.90				
Kevin Sanchez	2:13.00				
<b>Total</b>	<b>4:00.89</b>	7	4:08.50		

400 Meter Dash					49.82
Name	Time	Place	PR	Heat Lane	
Enrique Santos	1:01.26		1:01.39		

4x200					1:32.30
Name	Split	Place	PR	Heat Lane	
Grant Olsen	24.90				
Wilson Riphin	24.40				
Chris Lovan	25.90				
Morgan Wood	24.70				
<b>Total</b>	<b>1:40.42</b>	8	1:34.66		

110 High Hurdles					14.74
Name	Time	Place	PR	Heat Lane	
Brayden Adams	16.77	5	17.09		

800 Meter Run					1:57.37
Name	Time	Place	PR	Seeded	
Kevin Sanchez	2:16.00		2:14.07		
Anthony Valtierra	2:16.41		2:21.92		

Discus					175'00"
Name	Throw	Place	PR	Seeded	
Garret Plagge	134'5.25"	7	142'7"		
Dominik Garcia	117'10.25"		113'00"		

200 Meter Dash					21.67
Name	Time	Place	PR	Heat Lane	
Grant Olsen	25.65		26.25		
Trae Hartwig	26.38		26.61		

400 Meter Hurdles					56.66
Name	Time	Place	PR	Heat Lane	
Jake Fink	55.91	1	57.88	School Record	
Brayden Adams	1:03.11		1:04.37		

1600 Meter Run					4:16.86
Name	Time	Place	PR	Seeded	
Cammerin Palmer	5:48.07		5:52.25		
Ethan Olsen	5:16.42		5:26.78		

4x100					43.88
Name	Split	Place	PR	Heat Lane	
Trae Hartwig	12.30				
Wilson Riphin	11.05				
Morgan Wood	12.13				
Chris Lovan	12.44				
<b>Total</b>	<b>48.44</b>		45.97		

4x400					3:24.90
Name	Split	Place	PR	Heat Lane	
Grant Olsen	56.60				
Edgar Ortiz	56.80				
Enrique Santos	59.90				
Anthony Valtierra	1:00.00				
<b>Total</b>	<b>3:54.94</b>		4:03.69		

-----  
Men - Team Rankings - 19 Events Scored  
-----

1) Glenwood	148.50	2) Shenandoah	102
3) Lewis Central	95	4) Harlan	92
5) Atlantic	90	6) Clarinda	56.50
7) Creston	54	8) Kumper Cath	43
9) St. Albert, CB	23	10) Denison-Schlswg	20
11) Red Oak	16		

It was by far the best weather night that we have had so far this year. We ended up 10th tonight at the conference meet but I think it was a successful meet. The guys really did a good job all night and a lot of our young guys got a great experience at a postseason meet. They were able to go out there and compete against some really good competition. We had 14 different PR's on the night. Jake Fink also ran a great race in the 400 Hurdles and EARNED the Hawkeye 10 championship as well as breaking a 27 year old school record. This will give us a boost going into the State Qualifying Meet next week.