



MVAOCOU Relays Thursday, April 28



| Sprint Med (100-100-200-400) | | | |
|------------------------------|----------------|----------|----------------|
| Name | Split | Place | PR |
| Brailyn Desy | 12.20 | | |
| David Cardenas | 10.74 | | |
| Luke Wiebers | 24.88 | | |
| Jake Fink | 54.70 | | |
| Total | 1:43.06 | 5 | 1:41.42 |

| 3200 Meter Run | | | |
|----------------|-----------------|----------|-----------------|
| Name | Time | Place | PR |
| Ethan Olsen | 12:22.10 | 7 | 12:02.87 |

| 4 X 800 Meter Relay | | | |
|---------------------|----------------|----------|----------------|
| Name | Split | Place | PR |
| Ethan Perrien | 2:14.40 | | |
| Brian Ibarra | 2:17.92 | | |
| Leo Flores | 2:05.69 | | |
| Ricky Ledesma | 2:14.62 | | |
| Total | 8:53.25 | 1 | 8:50.31 |

| 100 Meter Dash | | | |
|------------------|--------------|----------|--------------|
| Name | Time | Place | PR |
| Jacob Bruck 3-2 | 12.32 | | 12.34 |
| Anthony Arambula | 11.71 | 8 | 12.37 |

| Distance Medley Relay (200-200-400-800) | | | |
|---|----------------|----------|----------------|
| Name | Split | Place | PR |
| Anthony Arambula | 23.44 | | |
| David Cardenas | 24.77 | | |
| Chandler Perrien | 56.94 | | |
| Ethan Perrien | 2:16.93 | | |
| Total | 4:02.61 | 4 | 3:50.51 |

| Team Standings | |
|------------------------------------|-----|
| K-P/WC | 138 |
| West Manona | 128 |
| Ridge View | 108 |
| Lawton-Bronson | 88 |
| Denison-Schleswig | 87 |
| Boyer Valley | 67 |
| West Harrison | 47 |
| MVAOCOU | 41 |
| Siouxland Christian | 26 |
| River Valley | 3 |
| Personal Records Broken - 9 | |
| Top 10's - 4 | |

| 400 Meter Dash | | | |
|----------------|-------|----------|--------------|
| Name | Time | Place | PR |
| Aidan Herbert | 59.54 | 8 | 56.89 |
| Brailyn Desy | 56.31 | 3 | 56.12 |

| 4x200 Meter Relay | | | |
|-------------------|----------------|----------|----------------|
| Name | Split | Place | PR |
| Anthony Arambula | 25.68 | | |
| David Cardenas | 22.76 | | |
| Luke Wiebers | 25.96 | | |
| Jake Fink | 21.88 | | |
| Total | 1:36.64 | 4 | 1:36.24 |

| 110 High Hurdles | | | |
|------------------|------|-------|--------------|
| Name | Time | Place | PR |
| Brian Ibarra | FS | | 16.63 |

| 800 Meter Run | | | |
|---------------------|----------------|----------|----------------|
| Name | Time | Place | PR |
| Leo Flores | 2:05.11 | 1 | 2:06.99 |
| Esteban Castellanos | 2:16.15 | 9 | |

| 200 Meter Dash | | | |
|----------------|--------------|----------|--------------|
| Name | Time | Place | PR |
| Jake Fink | 24.24 | 3 | 24.40 |
| Jacob Bruck | 26.41 | | 26.66 |

| 400 Meter Hurdles | | | |
|---------------------|---------|----------|----------------|
| Name | Time | Place | PR |
| Brian Ibarra | 1:02.70 | 4 | 1:01.54 |
| Esteban Castellanos | 1:16.31 | | 1:06.96 |

| 1600 Meter Run | | | |
|----------------|----------------|----------|----------------|
| Name | Time | Place | PR |
| Ricky Ledesma | 5:02.23 | 2 | 5:00.00 |

| 4x100 Relay | | | |
|----------------|--------------|----------|--------------|
| Name | Split | Place | PR |
| Brailyn Desy | 11.59 | | |
| David Cardenas | 11.55 | | |
| Luke Wiebers | 11.42 | | |
| Jake Fink | 11.38 | | |
| Total | 46.51 | 3 | 47.33 |

| 4x400 Relay | | | |
|------------------|----------------|----------|----------------|
| Name | Split | Place | PR |
| Aidan Herbert | 58.25 | | |
| Chandler Perrien | 58.75 | | |
| Leo Flores | 54.97 | | |
| Ethan Perrien | 55.97 | | |
| Total | 3:47.87 | 4 | 3:49.91 |

| Shot Put | | | |
|-----------------|-------|----------|---------------|
| Name | Throw | Place | PR |
| Garret Plagge | 39'7" | 7 | 41'6" |
| Derek Scheuring | 33' | | 34'10" |

| Discus | | | |
|-----------------|---------------|----------|----------------|
| Name | Throw | Place | PR |
| Garret Plagge | 127'8" | 3 | 116'03" |
| Derek Scheuring | 98'4" | | 101'03" |

| Long Jump | | | |
|------------------|------|----------|-------------|
| Name | Jump | Place | PR |
| Anthony Arambula | 17-3 | 5 | 18-2 |

We had a good night to run with weather that withstood the whole track meet. It was a bit breezy, but the temperature stayed warm all night. Our field events did a good job starting us off well with Garret Plagge getting 3rd overall. Anthony Arambula got 5th in the Long Jump as well. Our 4x8 had another good night even though the line up was changed a little bit. We had good handoffs in our 4x1 and PR'd. Leo Flores ran the fastest 800 time since 2006. We had 2 1st, 1 2nd, and 4 3rds. We are done with our regular season now. We have conference at Atlantic next Thursday, then host the State Qualifying Meet the following Thursday.