



MVAO
Thursday, April 25



Sprint Med					1:37.16
Name	Split	Place	PR	Heat Lane	
Jake Fink	10.70				
Luke Wiebers	11.50				
Morgan Wood	24.90				
Edgar Ortiz	57.80				
Total	1:45.42	4	1:39.65		

Distance Med					3:35.32
Name	Split	Place	PR	Heat Lane	
Trae Hartwig	26.10				
Wilson Riphin	24.60				
Edgar Ortiz	1:00				
Anthony Valtierra	2:27				
Total	4:19.49	5	4:08.50		

200 Meter Dash				21.67
Name	Time	Place	PR	Heat Lane
Chris Lovan	25.68		24.59	
Grant Olsen	26.40		25.25	

3200 Meter Run					9:26.99
Name	Time	Place	PR	Seeded	
Juan Diaz	13:03.59	7	12:57.88		

400 Meter Dash					49.82
Name	Time	Place	PR	Heat Lane	
Luke Wiebers	54.39	2	55.59		
Enrique Santos	1:01.69		1:01.39		

400 Meter Hurdles				56.66
Name	Time	Place	PR	Heat Lane
Jake Fink	58.26	1	57.88	

4x800				
Name	Split	Place	PR	Heat Lane
Kevin Sanchez	2:22			
Ethan Olsen	2:27			
Anthony Valtierra	2:24			
Cammerin Palmer	2:31			
Total	9:46.40	6	9:22.93	

4x200				
Name	Split	Place	PR	Heat Lane
Trae Hartwig	27.00			
Wilson Riphin	24.80			
Chris Lovan	29.60			
Grant Olsen	22.60			
Total	1:44.30	2	1:34.66	

1600 Meter Run				4:16.86
Name	Time	Place	PR	Heat Lane
Cammerin Palmer	6:16.02		5:52	
Ethan Olsen	5:26.78	5	5:28.17	

Shuttle					1:00.05
Name	Split	Place	PR	Heat Lane	
Jake Fink	15.50				
Brayden Adams	16.60				
Francisco Escalante	20.00				
Morgan Wood	20.60				
Total	1:13.00	4	1:10.58		

110 High Hurdles					14.74
Name	Time	Place	PR	Heat Lane	
Brayden Adams	17.09	5	17.69		

Shot Put					65'00"
Name	Throw	Place	PR	Seeded	
Garret Plagge	43'8"	6	44'5.5"		
Dominik Garcia	43'1"	8	43'9"		

100 Meter Dash					10.61
Name	Time	Place	PR	Heat Lane	
Chris Lovan	11.73	8	12.03		
Grant Olsen	12.13				

800 Meter Run					1:57.37
Name	Time	Place	PR	Seeded	
Kevin Sanchez	2:25.9		2:14.07		
Anthony Valtierra	2:28.0		2:21.92		

High Jump					6'8"
Name	Jump	Place	PR	Seeded	
Grant Olsen	5'6"	5	5'6"		

Long Jump					23'1"
Name	Jump	Place	PR	Seeded	
Edgar Ortiz	15'4.5"		17'05"		
Wilson Riphin	15'11"	8	16'11.5"		

Discus					175'00"
Name	Throw	Place	PR	Seeded	
Garret Plagge	118'7"	6	142'7"		
Dominik Garcia	113'00"	8			

We ended up finishing 7th tonight. We had a few PR's tonight and 2 times on the top 10 list in Brayden in the 110H and Luke in the 400. It was a good tune up for conference. We are now in post season mode and have to be at our top form the next two meets.

Men - Team Rankings - 19 Events Scored

1) MVAOCOU	118	2) Cherokee, Wash	114
3) Lawton-Bronson	112	4) West Monona	95
5) Ridge View	76	6) Kingsley-Pierson	72
7) Denison-Schlswg	68	8) Boyer Valley	31
9) Siouxland Chr	25	10) West Harrison	7