



Tiger Relays Thursday, April 21



Sprint Med (100-100-200-400)			
Name	Split	Place	PR
Brailyn Desy	14.13		
Jake Fink	10.46		
Luke Wiebers	22.62		
Aidan Herbert	56.76		
Total	1:44.44	7	1:41.42

4 X 800 Meter Relay			
Name	Split	Place	PR
Leo Flores	2:07.17		
Esteban Castellanos	2:20.37		
Ethan Perrien	2:13.77		
Ricky Ledesma	2:14.28		
Total	8:56.23	2	8:50.31

Shuttle Hurdle			
Name	Split	Place	PR
Brian Ibarra	16.14		
Francisco Escalante	21.01		
Israel Garcia	21.22		
Dominik Garcia	18.47		
Total	1:17.57		1:17.57

100 Meter Dash			
Name	Time	Place	PR
Jacob Bruck	12.92		12.34
Jake Fink	12.22	6	11.91

Long Jump			
Name	Jump	Place	PR
Anthony Arambula	18-00.25	9	17-10

Team Standings	
Lewis Central	120
Atlantic	72
Ogden	61
Harlan Community	58
Green County	54
Kuemper Catholic	46
Gilbert	43
Boone	40
Denison Schleswig	38
Carroll	34
Creston	23
Personal Records Broken - 13	
Top 10's - 6	

Distance Medley Relay (200-200-400-800)			
Name	Split	Place	PR
Anthony Arambula	23.65		
Luke Wiebers	23.76		
Aidan Herbert	57.00		
Leo Flores	2:06.50		
Total	3:51.64	2	3:51.23

400 Meter Dash			
Name	Time	Place	PR
Ismael Alfaro	1:03.25		
Alan Corona	59.53		1:00.03

4x200 Meter Relay			
Name	Split	Place	PR
Aidan Herbert	24.66		
Anthony Arambula	24.25		
Luke Wiebers	23.60		
Jake Fink	25.08		
Total	1:38.21	4	1:36.24

110 High Hurdles			
Name	Time	Place	PR
Brian Ibarra	16.97	5	16.63
Israel Garcia	21.13		22.52

800 Meter Run			
Name	Time	Place	PR
Leo Flores	2:06.99	2	2:08.00
Ethan Perrien	2:15.62	6	2:10.06

200 Meter Dash			
Name	Time	Place	PR
Chandler Perrien	26.36		26.37
Jacob Bruck	27.37		26.66

400 Meter Hurdles			
Name	Time	Place	PR
Brian Ibarra	1:01.54	6	1:03.73
Jake Fink	59.84	4	1:00.66

1600 Meter Run			
Name	Time	Place	PR
Ricky Ledesma	5:01.46	8	5:06.54
Ismael Alfaro	5:39.09		5:29.54

4x100 Relay			
Name	Split	Place	PR
Garret Plagge	13.01		
Anthony Arambula	11.11		
Alan Corona	13.22		
Dominik Garcia	11.39		
Total	49.47		47.33

4x400 Relay			
Name	Split	Place	PR
Chandler Perrien	56.85		
Esteban Castellanos	1:00.31		
Brian Ibarra	57.03		
Ethan Perrien	56.22		
Total	3:50.89	6	3:49.91

Shot Put			
Name	Throw	Place	PR
Garret Plagge	39'06.25"		41'6"
Derek Scheuring	34'10"		33'00.75"

Discus			
Name	Throw	Place	PR
Garret Plagge	116'03"		108'08"
Derek Scheuring	101'03"		92'09"

We had a nice night to run. Finally!! We had a good night as well with having 13 PRs and 6 times on the top 10 list. Leo Flores had a great night in getting 3 800's under 2:08 and running his open 800 in 2:06.99. He did a really nice job running all night and we look forward to see him continuing to improve. Out of the 5 field events we had going tonight we had 4 PRs which is really helpful to get us started on a good foot. We had a couple of different people in different places and it was nice to see people step up and extend themselves. Jake Fink and Brian Ibarra each had a PR in the 400H with both getting on the top 10 list. Jake broke the minute time and hopefully we can continue to drop both of those times. We will have a little break then we are getting down to the final stretch where we need to be running our best and freshest.