Monarch Boys T&F 2022 @ Glenwood

Sprint Med (100, 100, 200, 400)		
Anthony Arambula	12.47	
Jake Fink	10.93	
David Cardenas	24.31	
Luke Wiebers	55.04	
Total	1:42.75	2

Sprint Med (100, 100, 200, 400)		
Aidan Herbert	11.87	
Evan Zavitz	14.7	
Dominik Garcia	26.6	
Alan Corona	1:00.51	
Total	1:53.78	

3200 Meter Run		
Ethan Olsen	12:05.38	6
Juan Diaz	14:29.19	

100 Meter Dash		
Jake Fink	11.91	3
Anthony Arambula	12.38	
Evan Zavitz	13.8	
Aidan Herbert	12.58	

Distance Med Relay (2, 2, 4, 8)		
Francisco Escalante	27.59	
Alan Corona	23.99	
Dominik Garcia	1:01.36	
Ethan Olsen	2:48	
Total	4:22.07	4

400 Meter Dash		
Aidan Herbert	56.89	3
Evan Zavitz	1:08.57	
Israel Garcia	1:02.92	
Cammerin Palmer	1:07.26	

Long Jump		
Anthony Arambula	17-10.00	2

4x200 Meter Relay		
Anthony Arambula	24.47	
Jake Fink	22.93	
David Cardenas	25.06	
Luke Wiebers	23.75	
Total	1:36.45	1

110 High Hurdles		
Francisco Escalante	23.51	2
Israel Garcia	24.57	3

800 Meter Run		
Cammerin Palmer	2:46.18	
Diego Cid	3:02.64	

200 Meter Dash		
Luke Wiebers	24.48	1
David Cardenas	24.96	3
Alan Corona	26.37	
Israel Garcia	29.42	

400 Meter Hurdles		
Jake Fink	1:00.66	1
Dominik Garcia	1:08.84	

1600 Meter Run		
Juan Diaz	6:42.78	
Diego Cid	7:00.20	

4x1		
Alan Corona	13.5	
Israel Garcia	12.9	
Cammerin Palmer	14.07	
Evan Zavitz	14.32	
Total	55.17	

Big Man 4x100 Relay		
Joel Murillo	13.9	
Gabe Henningson	13.62	
Erick Argueta	16.35	
Pablo Sanchez	15.08	
Total	59.22	

Discus		
Garret Plagge	108-07.5	6
Joel Murillo	65-05.5	
Gabe Henningson	67-07.5	
Pablo Sanchez	74-07.5	
Erick Argueta	60-07	

Shot Put		
Garret Plagge	37-08.00	7
Joel Murillo	27-06.00	
Gabe Henningson	30-00.00	
Pablo Sanchez	26-04.50	
Erick Argueta	21-05.50	

Comments

We had a really good day at the Glenwood 9-10-11 Meet. We had some younger guys able to go and get some really good experience today. We are a young team and are working really hard. Our kids had a ton of PR's today and some tried some new things today. Our 4x2 team recorded the fastest time since 2006 from our school. Jake Fink did the 400H for the first time and got on the top 10 board. Sprint Med also got on the top 10 board today. Overall we placed 3 for team scoring. Luke Wiebers won the 200M. Jake Fink won the 400 Hurdles. 4x2 won. Sprint Med got 2nd with a season best time.