



CB Boy's Track Relays Thursday, April 14



Sprint Med (100-100-200-400)			
Name	Split	Place	PR
Brailyn Desy	11.80		
David Cardenas	11.30		
Luke Wiebers	22.73		
Jake Fink	57.77		
Total	1:44.06	6	1:41.42

Sprint Med (100-100-200-400)			
Name	Split	Place	PR
Jacob Bruck	11.52		
Alan Corona	12.67		
Aidan Herbert	23.50		
Dominik Garcia	1:02.3		
Total	1:50.43		1:48.06

4 X 800 Meter Relay			
Name	Split	Place	PR
Leo Flores	2:12.08		
Esteban Castellanos	2:23.68		
Ismael Alfaro	2:27.33		
Ricky Ledesma	2:17.54		
Total	9:20.84	4	8:50.31

800 Meter Run			
Name	Time	Place	PR
Leo Flores	2:12.33	2	2:08.00
Juan Diaz	2:58.55		
Diego Cid	2:55.55		3:02.64
Cammerin Palmer	2:52.39		2:46.18
Jason Castillo	2:43.21		

200 Meter Dash			
Name	Time	Place	PR
Brailyn Desy	24.53		24.52
Jacob Bruck	27.15		27.26
Israel Garcia	27.67		29.42

400 Meter Hurdles			
Name	Time	Place	PR
Esteban Castellanos	1:07.48		1:06.96
Brian Ibarra	1:05.55		1:03.73

Shuttle Hurdle			
Name	Split	Place	PR
Brian Ibarra	16.44		
Francisco Escalante	21.40		
Israel Garcia	21.05		
Dominik Garcia	19.75		
Total	1:19.17	8	1:13.49

100 Meter Dash			
Name	Time	Place	PR
Jacob Bruck	13.21		12.34
Brailyn Desy	12.35		12.09
Anthony Arambula	12.37		12.38
Aidan Herbert	12.73		12.58

Distance Medley Relay (2-2-4-8)			
Name	Split	Place	PR
David Cardenas	24.45		
Jake Fink	23.76		
Luke Wiebers	56.25		
Leo Flores	2:09.04		
Total	3:53.96	5	3:51.23

1600 Meter Run			
Name	Time	Place	PR
Ricky Ledesma	5:11.86		5:06.84
Ismael Alfaro	5:39.68		5:29.52
Diego Cid	6:47.64		7:00.20
Juan Diaz	6:24.48		6:26.44

4x100 Relay			
Name	Split	Place	PR
Brailyn Desy	11.81		
Anthony Arambula	11.4		
Luke Wiebers	11.94		
David Cardenas	11.5		
Total	47.69		47.33

Team Standings	
Glenwood	142
Clarinda	123
Lewis Central	119.50
Harlan	85
St. Alberts	60
Atlantic	58
Red Oak	56.50
CB AL	39.50
Denison Schleswig	37.50
CB TJ	19
Personal Records Broken - 10	
Top 10's - 2	

400 Meter Dash			
Name	Time	Place	PR
Aidan Herbert	57.76	6	56.89
Alan Corona	1:00.05		
Jason Castillo	1:10.21		
Cammerin Palmer	1:10.38		1:02.91

4x200 Meter Relay			
Name	Split	Place	PR
Anthony Arambula	23.93		
David Cardenas	24.57		
Luke Wiebers	23.95		
Jake Fink	24.31		
Total	1:37.68	3	1:36.24

110 High Hurdles			
Name	Time	Place	PR
Brian Ibarra	17.01	7	16.83
Israel Garcia	22.52		24.57

Shot Put			
Name	Throw	Place	PR
Garret Plagge	38'7.5"		41'6"
Derek Scheuring	33'0.75"		32'4.5"
Gabe Henningsen	29'8.5"		31'7"
Joel Murillo	30'3.5"		29'4"

Discus			
Name	Throw	Place	PR
Garret Plagge	105'1"		115.00
Derek Scheuring	81'8"		89.00
Gabe Henningsen	74'9"		80'2"
Pablo Sanchez	77'1"		74'5"

4x400 Relay			
Name	Split	Place	PR
Aidan Herbert	57.85		
Dominik Garcia	59.28		
Brian Ibarra	57.92		
Ricky Ledesma	1:03.28		
Total	3:58.83		3:49.91

We ended up 9th on a cold windy night. It was good to see some really good competition. I would like to see us compete a little more than we did tonight but that is a learning experience, especially being so young. We had pretty good handoffs all night. We just have to keep being smooth on those and keep working hard at improving each time out. Leo Flores ended up 2nd in the open 800 and our 4x2 team ended up 3rd.