

Red Oak April 14, 2026

Shot Put	Distance	Place		Discus	Distance	Place
Maya McMinemee	23' 9.25"	5th - 1 pt		Reagan Lambert	72' 0"	1st - 8 pts
Malia Potts	19' 3.5"			Taelen Young	60' 7"	4th - 2 pts
Raegan Lambert	23' 9.75"	4th - 2 pts		Wrenna Henningsen	55' 6"	
Long Jump	Distance	Place		High Jump	Distance	Place
Genesis Vivas	12' 5"			Abulla Okwer	4' 0"	
Maria Hernandez	12' 0.5"			Rehder Koch	4' 0"	
				Madilyn Larson	4' 0"	
4 X 800 (Open)	Split Time	Place & Pts.		4 X 800 (Open)	Split Time	Place & Pts.
Abulla Okwer	2:56.09	2nd - 6 pts				
Rehder Koch	3:15.68					
Genevive Bonner	3:01.04	Total Time				Total time
Caroline Schrum	3:04.31	12:16.90				
Shuttle Hurdle	Split Time	Place & Pts.		Shuttle Hurdle	Split Time	Place & Pts.
Taelen Young	18.83	1st - 8 pts				
Ayvah Nemitz	19.50					
Riley Shimer	18.63	Total Time				Total Time
Breanna Gosch	17.87	1:14.68				
100 M Dash	Time	Place & Pts.		100 M Dash	Time	Place & Pts.
Genesis Vivas	15.38	4th- 2pts		Malia Potts	18.83	
Cadence Desy	18.85			Maria Hernandez	17.07	
Wrenna Henningsen	21.19			Stephany Castillo	18.23	
Luciana Magana	18.98			Yaneiry Medina	15.43	
Kendra Ochoa	17.23					
1600 Distance Med	Split Time	Place & Pts.		1600 Distance Med	Time	Place & Pts.
Abulla Okwer (200)	27.70	1st - 8 pts				
Genesis Vivas (200)	29.92					
Jocelin Garcia (400)	1:08.59	Total Time				Total Time
Taelen Young (800)	2:44.30	4:51.09				
400 M Dash	Time	Place & Pts.		400 M Dash	Time	Place & Pts.
Nathalie Castro	1:18.54					
Madison Blume	1:17.57					
4 x 200 (Closed)	Split Time	Place & Pts.		4 x 200 (Closed)	Split Time	Place & Pts.
Riley Shimer	29.34					
Raegan Lambert	30.24					
Madilyn Larson	29.61	Total Time				Total Time
Stephany Castillo	39.88	2:08.53				
1500 M Run	Time	Place & Pts.		1500 M Run	Time	Place & Pts.
Jocelin Garcia	5:46.11	1st- 8pts				
Genevieve Bonner	6:31.03					
Caroline Schrum	6:17.73	4th- 2pts				
10 Flt Hurdles	Time	Place & Pts.		10 Flt Hurdles	Time	Place & Pts.
Breanna Gosch	17.65	2nd - 6 pts				
Madilyn Larson	19.38	4th - 2 pts				

200 M Dash	Time	Place & Pts.		200 M Dash	Time	Place & Pts.
Maria Hernandez	35.53			Malia Potts	40.52	
Madison Blume	34.79			Abulla Okwer	30.11	4th- 2pts
Stephany Castillo	38.31			Maya McMinemee	37.88	
Nathalie Castro	30.98			Wrenna Henningsen	46.61	
Kendra Ochoa	NT			Luciana Magana	38.73	
Cadence Desy	38.98					
800 Sprint Med	Split Time	Place & Pts.		800 Sprint Med	Split Time	Place & Pts.
Yiceli Bartalon (100)	14.39					
Yaneiry Medina (100)	13.55					
Ayvah Nemitz (200)	31.99	Total Time				Total Time
Madison Blume (400)	1:20.64	2:20.68				
200 Hurdles	Time	Place & Pts.		200 Hurdles	Time	Place & Pts.
Breanna Gosch	33.51	2nd - 6 pts				
Rehder Koch	39.63					
800 M. Run	Time	Place & Pts.		800 M. Run	Time	Place & Pts.
Jocelin Garcia	2:47.59	2nd- 6pts		Yaneiry Medina	2:59.84	
Genevive Bonner	3:14.79			Kendra Ochoa	3:21.47	
Madilyn Larson	3:08.76			Yiceli Bartalon	3:24.99	
4 x 100 (Closed)	Split Time	Place & Pts.		4 x 100 (Closed)	Split Time	Place & Pts.
Genesis Vivas	13.75					
Rehder Koch	15.60					
Ayvah Nemitz	14.45	Total Time				Total Time
Rylee Shimer	15.42	1:00.17				
4 x 400 (Closed)	Split Time	Place & Pts.		4 x 400 (Closed)	Split Time	Place & Pts.
Taelen Young	1:07.19	1st - 8 pts				
Raegan Lambert	1:15.50					
Caroline Schrum	1:15.59	Total Time				Total Time
Nathalie Castro	1:10.04	4:49.05				
Team Scores:						
Denison-Schleswig - 79 East Mills - 57 Clarinda - 53 Harlan - 52 Shenandoah - 51 Stanton - 41 Red Oak - 34 Fremont-Mills - 11						