

5/9/25

## Glenwood Middle School Boys' Track & Field Meet

| <b>Shot Put</b>          | <b>Distance</b>   | <b>Place</b>            |  | <b>Discus</b>            | <b>Distance</b>   | <b>Place</b>            |
|--------------------------|-------------------|-------------------------|--|--------------------------|-------------------|-------------------------|
| Jose Ramirez             | 32-00.50          |                         |  | Saul Bello               | 66-08             |                         |
| Simon Htoo               | 30-09.00          |                         |  | Henri Gonzalez           | 81-04             |                         |
| Ivan Contreras           | 26-06.00          |                         |  | Noah Westphalen          | 74-11             |                         |
| Saul Bello               | 21-00.50          |                         |  | Jose Ramirez             | ND                |                         |
| Henri Gonzalez           | 25-05.50          |                         |  | Simon Htoo               | 66-01             |                         |
|                          |                   |                         |  | Ivan Contreras           | 75-11             |                         |
| <b>Long Jump</b>         | <b>Distance</b>   | <b>Place</b>            |  | <b>High Jump</b>         | <b>Distance</b>   | <b>Place</b>            |
| Pedro Luna               | 11-08.75          |                         |  | Charlie Logan            | 4-08.00           | 5th & 1pt               |
| Anyang Majook            | 14-03.25          |                         |  | Luis Zavala              | 4-06.00           |                         |
| David Raymundo           | 13-06.00          |                         |  | Tyler Stanton            | NH                |                         |
| Bryan Lara               | 10-04.25          |                         |  | Gavin Lidgett            | NH                |                         |
| David Serrano            | 8-08.00           |                         |  | Rocky Thao               | NH                |                         |
| Jorge Barajas            | 13-01.00          |                         |  |                          |                   |                         |
| <b>4 X 800 O</b>         | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>4 X 800 O</b>         | <b>Split Time</b> | <b>Place &amp; Pts.</b> |
|                          |                   |                         |  |                          |                   |                         |
|                          |                   |                         |  |                          |                   |                         |
|                          |                   | <b>Total Time</b>       |  |                          |                   | <b>Total time</b>       |
|                          |                   |                         |  |                          |                   |                         |
| <b>Shuttle Hurdle</b>    | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>Shuttle Hurdle</b>    | <b>Split Time</b> | <b>Place &amp; Pts.</b> |
|                          |                   |                         |  |                          |                   |                         |
|                          |                   |                         |  |                          |                   |                         |
|                          |                   | <b>Total Time</b>       |  |                          |                   | <b>Total Time</b>       |
|                          |                   |                         |  |                          |                   |                         |
| <b>100 M Dash</b>        | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>100 M Dash</b>        | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| Jose Ramirez             | 15.9              |                         |  | Tyler Stanton            | 16.96             |                         |
| Charlie Logan            | 14.84             |                         |  | Anyang Majook            | 13.64             |                         |
| Saul Bello               | 17.46             |                         |  | Ivan Contreras           | 17.41             |                         |
| Henri Gonzalez           | 17.17             |                         |  | Simon Htoo               | 16.59             |                         |
| Bryan Lara               | 15.22             |                         |  | Gavin Lidgett            | 14.3              |                         |
| Noah Westphalen          | 17.77             |                         |  |                          |                   |                         |
| <b>1600 Distance Med</b> | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>1600 Distance Med</b> | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| David Raymundo           | 26.82             | 4th & 2pts              |  |                          |                   |                         |
| David Serrano            | 32.53             |                         |  |                          |                   |                         |
| Luis Zavala              | 1:06.60           | <b>Total Time</b>       |  |                          |                   | <b>Total Time</b>       |
| Quinn Vetter             | 2:32.71           | 4:39.22                 |  |                          |                   |                         |
| <b>400 M Dash</b>        | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>400 M Dash</b>        | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| Jorge Barajas            | 1:08.92           |                         |  | Noah Westphalen          | 1:21.04           |                         |
| Reylan Gonzalez          | 1:12.81           |                         |  | Bryan Lara               | 1:14.02           |                         |
| Gavin Lidgett            | SCR               |                         |  | Tyler Stanton            | 1:21.46           |                         |
| <b>4 x 200 X</b>         | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>4 x 200 X</b>         | <b>Split Time</b> | <b>Place &amp; Pts.</b> |
| Luis Zavala              | 34.77             | 5th & 1pt               |  |                          |                   |                         |
| Rocky Thao               | 25.26             |                         |  |                          |                   |                         |
| Pedro Luna               | 31.52             | <b>Total Time</b>       |  |                          |                   | <b>Total Time</b>       |
| Charlie Logan            | 32.49             | 2:04.31                 |  |                          |                   |                         |
| <b>1600 M Run</b>        | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>1600 M Run</b>        | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| Quinn Vetter             | 5:39.62           | 3rd & 4pts              |  | Jorge Barajas            | 6:01.72           |                         |
| Reylan Gonzalez          | SCR               |                         |  |                          |                   |                         |

|                                                           |                   |                         |  |                       |                   |                         |
|-----------------------------------------------------------|-------------------|-------------------------|--|-----------------------|-------------------|-------------------------|
| <b>10 Flt Hurdles</b>                                     | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>10 Flt Hurdles</b> | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| David Raymundo                                            | 17.18             | 4th & 2pts              |  |                       |                   |                         |
| <b>200 M Dash</b>                                         | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>200 M Dash</b>     | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| David Serrano                                             | 30.96             |                         |  | Henri Gonzalez        | SCR               |                         |
| Tyler Stanton                                             | 37.06             |                         |  | Anyang Majook         | 27.47             | 4th & 2pts              |
| Saul Bello                                                | 36.91             |                         |  | Ivan Contreras        | SCR               |                         |
| Simon Htoo                                                | 34.61             |                         |  | Bryan Lara            | 31.75             |                         |
| Gavin Lidgett                                             | 36.33             |                         |  | Jose Ramirez          | 31.68             |                         |
| Noah Westphalen                                           | 36.73             |                         |  |                       |                   |                         |
| <b>800 Sprint Med</b>                                     | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>800 Sprint Med</b> | <b>Split Time</b> | <b>Place &amp; Pts.</b> |
| Charlie Logan                                             | 12.34             | 5th & 1pt               |  |                       |                   |                         |
| Pedro Luna                                                | 18.37             |                         |  |                       |                   |                         |
| Rocky Thao                                                | 28.92             | Total Time              |  |                       |                   | Total Time              |
| Luis Zavala                                               | 1:13.57           | 2:13.47                 |  |                       |                   |                         |
| <b>200 Hurdles</b>                                        | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>200 Hurdles</b>    | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| David Raymundo                                            | 30.6              | 3rd & 4pts              |  |                       |                   |                         |
| <b>800 M. Run</b>                                         | <b>Time</b>       | <b>Place &amp; Pts.</b> |  | <b>800 M. Run</b>     | <b>Time</b>       | <b>Place &amp; Pts.</b> |
| Quinn Vetter                                              | 2:32.54           | 1st & 8pts              |  | Jorge Barajas         | 2:33.55           | 2nd & 6pts              |
| Reylan Gonzalez                                           | 2:51.63           |                         |  |                       |                   |                         |
| <b>4 x 100 X</b>                                          | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>4 x 100 X</b>      | <b>Split Time</b> | <b>Place &amp; Pts.</b> |
| Anyang Majook                                             | 11.76             | 4th & 2pts              |  |                       |                   |                         |
| Rocky Thao                                                | 14.47             |                         |  |                       |                   |                         |
| David Serrano                                             | 16.41             | Total Time              |  |                       |                   | Total Time              |
| Pedro Luna                                                | 16.26             | 59.18                   |  |                       |                   |                         |
| <b>4 x 400</b>                                            | <b>Split Time</b> | <b>Place &amp; Pts.</b> |  | <b>4 x 400</b>        | <b>Split Time</b> | <b>Place &amp; Pts.</b> |
|                                                           |                   |                         |  |                       |                   |                         |
|                                                           |                   |                         |  |                       |                   |                         |
|                                                           |                   | Total Time              |  |                       |                   | Total Time              |
|                                                           |                   |                         |  |                       |                   |                         |
|                                                           |                   |                         |  |                       |                   |                         |
|                                                           |                   |                         |  |                       |                   |                         |
| B means use starting blocks                               |                   |                         |  |                       |                   |                         |
| X means closed hand off                                   |                   |                         |  |                       |                   |                         |
| O means open hand off                                     |                   |                         |  |                       |                   |                         |
|                                                           |                   |                         |  |                       |                   |                         |
| Please report distances from field events to Coach Jones! |                   |                         |  |                       |                   |                         |
| <b>Excuses?</b>                                           |                   |                         |  |                       |                   |                         |

Notes: Shot/Discus (**at high school**)

Shot put - 4 tosses

Discus - 4 tosses

LJ - 3 jumps

HJ - 4'4"

1/8 inch spikes

Denison - 33

Harlan - 56

Red Oak - 24

Lewis Central - 112

Glenwood - 139