

5/1/25
MS Boys Triangular

Shot Put	Distance	Place		Discus	Distance	Place
Jose Ramirez	29-01.00			Saul Bello	75-08	
Simon Htoo	34-11.50	2nd & 3pts		Ivan Contreras	71-05	
Henri Gonzalez	27-03.50			Henri Gonzalez	84-04	4th & 1pt
Saul Bello	24-06.50			Noah Westphalen	75-00	
Ivan Contreras	28-09.00			Simon Htoo	70-07	
Long Jump	Distance	Place		High Jump	Distance	Place
Pedro Luna	12-04.00			Rocky Thao	DNF	
David Serrano	9-03.00			Luis Zavala	4-04.00	
Bryan Lara	11-11.00			Gavin Lidgett	DNF	
Anyang Majook	14-09.75			Tyler Stanton	4-00.00	
David Raymundo	11-10.50			Charlie Logan	4-08.00	
4 X 800 O	Split Time	Place & Pts.		4 X 800 O	Split Time	Place & Pts.
		Total Time				Total time
Shuttle Hurdle	Split Time	Place & Pts.		Shuttle Hurdle	Split Time	Place & Pts.
		Total Time				Total Time
100 M Dash	Time	Place & Pts.		100 M Dash	Time	Place & Pts.
Gavin Lidgett	14.21			Jose Ramirez	SCR	
Charlie Logan	14.46			Noah Westphalen	17.38	
Bryan Lara	15.12					
1600 Distance Med	Split Time	Place & Pts.		1600 Distance Med	Time	Place & Pts.
David Raymundo	28.7	2nd & 3pts				
David Serrano	31.76					
Luis Zavala	1:11.05	Total Time				Total Time
Quinn Vetter	2:34.73	4:46.24				
400 M Dash	Time	Place & Pts.		400 M Dash	Time	Place & Pts.
Jorge Barajas	1:06.88			Noah Westphalen	1:33.02	
Gavin Lidgett	1:39.67					
4 x 200 X	Split Time	Place & Pts.		4 x 200 X	Split Time	Place & Pts.
Pedro Luna	33.22			David Serrano	35.75	
Anyang Majook	26.61			Rocky Thao	30.97	
Tyler Stanton	39.98	Total Time		Jose Ramirez	36.77	Total Time
Luis Zavala	32.28	2:13.53		Bryan Lara	30.86	
1600 M Run	Time	Place & Pts.		1600 M Run	Time	Place & Pts.
Quinn Vetter	5:42.62	1st & 5pts		Jorge Barajas	6:12.51	2nd & 3pts
10 Flt Hurdles	Time	Place & Pts.		10 Flt Hurdles	Time	Place & Pts.
David Raymundo	17.67	4th & 1pt				
200 M Dash	Time	Place & Pts.		200 M Dash	Time	Place & Pts.
Simon Htoo	33.68			Saul Bello	37.18	
Ivan Contreras	34.32			Henri Gonzalez	31.55	
Jose Ramirez	33.89					
800 Sprint Med	Split Time	Place & Pts.		800 Sprint Med	Split Time	Place & Pts.

Anyang Majook	13.04		Jose Ramirez	15.3	
Pedro Luna	15.57		Tyler Stanton	16.72	
Rocky Thao	29.71	Total Time	Bryan Lara	32.2	Total Time
Charlie Logan	1:19.19	2:18.10	Noah Westphalen	1:27.67	2:33.21
200 Hurdles	Time	Place & Pts.	200 Hurdles	Time	Place & Pts.
800 M. Run	Time	Place & Pts.	800 M. Run	Time	Place & Pts.
Jorge Barajas	2:37.82	3rd & 2pts	Quinn Vetter	2:39.43	4th & 1pt
4 x 100 X	Split Time	Place & Pts.	4 x 100 X	Split Time	Place & Pts.
Pedro Luna	14.21		Saul Bello	SCR	
David Serrano	14.7		Ivan Contreras	SCR	
David Raymundo	15.1	Total Time	Simon Htoo	SCR	Total Time
Anyang Majook	13.3	57.59	Henri Gonzalez	SCR	SCR
4 x 400	Split Time	Place & Pts.	4 x 400	Split Time	Place & Pts.
Luis Zavala	1:07.95				
Charlie Logan	1:14.48				
Rocky Thao	1:19.24	Total Time			Total Time
Tyler Stanton	1:26.68	5:08.85			

B means use
starting blocks
X means closed
hand off
O means open hand
off

Please report
distances from field
events to Coach
Jones!

Excuses?

Notes: Shot/Discus (at high school)

Shot put - 4 tosses

Discus - 4 tosses

LJ - 3 jumps

HJ - 4'4"

1/8 inch spikes

Denison - 19

Greene County - 27

Carroll - 64

Kuemper - 61