

4/19/24

## Carroll/Denison-Schleswig/Harlan/Atlantic

<b>Shot Put</b>	<b>Distance</b>	<b>Place</b>		<b>Discus</b>	<b>Distance</b>	<b>Place</b>
Edyn Lima	35-09.00	2nd & 4pts		Edyn Lima	91-00	3rd & 3pts
Leland Ronfeldt	31-06.25			Leland Ronfeldt	79-04	
Ernie Tremblay	35-08.00	3rd & 3pts		Ernie Tremblay	68-05	
Payton Emery	27-05.25			Payton Emery	67-08	
<b>Long Jump</b>	<b>Distance</b>	<b>Place</b>		<b>High Jump</b>	<b>Distance</b>	<b>Place</b>
Angel Bautista	16-11.00	2nd & 4pts		Abdiel Corona	4-08.00	4th & 2pts
Ryder Luth	13-09.50			John Pantoja	NH	
Luke Ullrich	14-03.25					
Jonathan Marquez	11-06.00					
<b>4 X 800 O</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>4 X 800 O</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Raul Salas	2:29.57	2nd & 4pts				
Jaime Hernandez	2:38.44					
Raul Castillo	2:46.18	<b>Total Time</b>				<b>Total time</b>
Israel Bernal	2:47.18	10:41.72				
<b>Shuttle Hurdle</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>Shuttle Hurdle</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Karsen Bruhn	17.63	3rd & 2pts				
Edward Ibarra	18.76					
Luke Ullrich	19.82	<b>Total Time</b>				<b>Total Time</b>
Charlie Beeck	16.35	1:12.80				
<b>100 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>100 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Abdiel Corona	13.67			John Pantajoa	13.06	5th & 1pt
Payton Emery	16.2			Edyn Lima	14.74	
Angel Gutierrez	14.98			Ernie Tremblay	14.89	
Leland Ronfeldt	15.09			Daimian Garcia	15.44	
Johnathan Marquez	13.87			Christian Cortez	14.18	
Alex Corona	13.94			Dominic Cordero	16.12	
Elvyn Alvarenga	15.35			Dylan Alvarado	19.55	
Erik Cabrerea	16.44			Leo Arellano	14.65	
Maximus Medel	15.01			Matthew Mendenhall	17.93	
Jayden Ghislandi	15.67			Ramon Cardenas	13.8	
<b>1600 Distance Med</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>1600 Distance Med</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Chris Castro	26.16	1st & 6pts		Elvyn Alvarenga	32	
Santiago Bernal	27.75			Leo Arellano	29	
Raul Salas	1:04.79	<b>Total Time</b>		Maximus Medel	1:16	<b>Total Time</b>
Luke Ullrich	2:34.08	4:32.97		Jayden Ghislandi	3:00	5:20.70
<b>400 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>400 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Angel Baustita	1:04.21	4th & 2pts		Ryder Luth	1:01.82	3rd & 3pts
Angel Gutierrez	1:13.28			Christian Cortez	1:07.08	5th & 1pt
<b>4 x 200 X</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>4 x 200 X</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Johnathan Marquez	27.78			Alex Corona	27.89	
Edward Ibarra	31.19			Dominic Cordero	36.12	
Santiago Bernal	27.94	<b>Total Time</b>		Carlos Moreno	34.32	<b>Total Time</b>
Abdiel Corona	30.28	1:57.44		Matthew Mendenhall	41.25	2:21.74
<b>1600 M Run</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>1600 M Run</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Jaime Hernandez	5:58.07	5th & 1pt		Raul Castillo	6:16.57	
Israel Bernal	6:13.64			Luke Ullrich	5:36.22	3rd & 3pts

10 Flt Hurdles	Time	Place & Pts.	10 Flt Hurdles	Time	Place & Pts.
Karsen Bruhn	17.24	5th & 1pt	Charlie Beeck	17.24	
200 M Dash	Time	Place & Pts.	200 M Dash	Time	Place & Pts.
Angel Bautista	29.52		Ramon Cardenas	30.4	
Angel Gutierrez	32.91		Johnathan Marquez	29.45	5th & 1pt
800 Sprint Med	Split Time	Place & Pts.	800 Sprint Med	Split Time	Place & Pts.
John Pantajoa	11.89	3rd & 2pts	Carlos Moreno	1:23.50	
Santiago Bernal	13.19		Maximus Medel	13.13	
Chris Castro	28.05	Total Time	Alex Corona	13.9	Total Time
Ryder Luth	1:05.25	1:58.49	Daimian Garcia	33.29	2:25.60
200 Hurdles	Time	Place & Pts.	200 Hurdles	Time	Place & Pts.
Karsen Bruhn	33.76		Charlie Beeck	31.62	4th & 2pts
Edward Ibarra	35.02				
800 M. Run	Time	Place & Pts.	800 M. Run	Time	Place & Pts.
Jaime Hernandez	2:47.69	5th & 1pt	Jayden Ghislandi	3:03.39	
Erik Cabrerea	3:07.64		Raul Salas	2:37.89	3rd & 3pts
4 x 100 X	Split Time	Place & Pts.	4 x 100 X	Split Time	Place & Pts.
John Pantajoa	13.01	3rd & 2pts	Daimian Garcia	13.56	
Abdiel Corona	13.94		Christian Cortez	14.94	
Chris Castro	14.72	Total Time	Dominic Cordero	14.6	Total Time
Angel Bautista	12.7	54.58	Dylan Alvarado	23.45	1:09.38
4 x 400	Split Time	Place & Pts.	4 x 400	Split Time	Place & Pts.
Ramon Cardenas	1:05.65	3rd & 2pts	Erik Cabrera	1:19.66	
Israel Bernal	1:11.87		Elvyn Alvarenga	1:17.36	
Raul Castillo	1:17.11	Total Time	Leo Arellano	1:16.37	Total Time
Ryder Luth	1:02.52	4:37.35	Carlos Moreno	1:22.18	5:17.06

B means use starting blocks  
X means closed hand off  
O means open hand off

Please report distances from field events to Coach Jones!

**Excuses?**

Notes: Shot/Discus (*at high school*)

Shot put - 4 tosses

Discus - 4 tosses

LJ - 3 jumps

HJ - 4'4"

1/8 inch spikes

Carroll - 41.50

Denison - 52

Harlan - 50.50

Atlantic - 116