

5/7/2021  
Hawkeye Ten North

<b>Shot Put</b>	<b>Distance</b>	<b>Place</b>		<b>Discus</b>	<b>Distance</b>	<b>Place</b>
Dianne Castillo	20-06			Emily Gehlsen	70-02	<b>1st - 8 pts</b>
Gracen Plagge	20-04			Gracen Plagge	59-04	<b>4th - 2 pts</b>
Mylie Kaub	17-09.5			Mylie Kaub	56-05	
Ella Totten	13-04			Ashton Randeris	52-10	
Tanna Petersen	21-04	<b>4th - 2 pts</b>		Tanna Petersen	54-08	
<b>Long Jump</b>	<b>Distance</b>	<b>Place</b>		<b>High Jump</b>	<b>Distance</b>	<b>Place</b>
Sara Mun	12-06.5			Anna Galvin	03-08	
Kyia Clark	13-04	<b>2nd - 6 pts</b>		Charlotte Schrum	03-08	
Avery Bock	12-09.5			Adyson Hildebrand	NH	
Leila Jaime		9-11				
Josie Koenig	10-00.5					
<b>4 X 800 O</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>4 X 800 O</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Emily Gehlsen		3:02				
Nessa Hedstrom	3:13.54					
Annah Schwarte	3:15.95	<b>Total Time</b>				<b>Total time</b>
Giana Garcia	3:17.43	<b>12:49</b>				
<b>Shuttle Hurdle</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>Shuttle Hurdle</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Avery Bock	19.3	<b>2nd - 6 pts</b>				
Lexie Wiese	22.7					
Rylan Ipsen	19.9	<b>Total Time</b>				<b>Total Time</b>
Nessa Hedstrom	23.1	<b>1:24.19</b>				
<b>100 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>100 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Kyia Clark	14.18	<b>2nd - 6 pts</b>		Ella Totten	22.6	
Kia Coenen	15.18			Mckennon Olson	16.7	
Ashton Randeris	17.32			Adilynn Herbert	16.23	
<b>1600 Distance Med</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>1600 Distance Med</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Emily Gehlsen	31.19	<b>1st - 8 pts</b>				
Addison Houston	32.01					
Sara Mun	1:12.9	<b>Total Time</b>				<b>Total Time</b>
Charlotte Schrum	2:54.56	<b>5:11.05</b>				
<b>400 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>400 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Kyia Clark	1:06.85	<b>1st - 8 pts</b>		Anna Galvin	1:21.23	
Addison Ransom	1:19.02			Josie Koenig	1:31.35	
<b>4 x 200 X</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>		<b>4 x 200 X</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Emily Gehlsen	30.08	<b>1st - 8 pts</b>		Mckennon Olson	35.78	
Annah Schwarte	36.78			Leila Jaime	35.78	
Addison Houston	35.53	<b>Total Time</b>		Rylan Ipsen	35.78	<b>Total Time</b>
Sara Mun	27.44	<b>2:09.84</b>		Adilynn Herbert	35.78	<b>2:23.12</b>
<b>1600 M Run</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>1600 M Run</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Charlotte Schrum	5:50.52	<b>1st - 8 pts</b>				
Andrea Flores	6:42.24					
<b>10 Flt Hurdles</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>10 Flt Hurdles</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Avery Bock	19.39	<b>2nd - 6 pts</b>		Nessa Hedstrom	21.55	
Kia Coenen	21.39					
Rylan Ipsen	21.5					
<b>200 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>		<b>200 M Dash</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Kyia Clark	28.77	<b>1st - 8 pts</b>		Leila Jaime	35.06	

Annah Schwarte	33.45		Mckennon Olson	35.71	
Sophie Estrada	35.04		Josie Koenig	37.82	
<b>800 Sprint Med</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>	<b>800 Sprint Med</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Adyson Hildebrand (100)	17.28	<b>5th - 1 pt</b>			
Lexie Wiese (100)	15.24				
Sophie Estrada (200)	34.88	<b>Total Time</b>			Total Time
Anna Galvin (400)	1:22.02	<b>2:30.05</b>			
<b>200 Hurdles</b>	<b>Time</b>	<b>Place &amp; Pts.</b>	<b>200 Hurdles</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Avery Bock	34.1	<b>3rd - 4 pts</b>			
Kia Coenen	37.25				
Lexie Wiese	38.79				
<b>800 M. Run</b>	<b>Time</b>	<b>Place &amp; Pts.</b>	<b>800 M. Run</b>	<b>Time</b>	<b>Place &amp; Pts.</b>
Charlotte Schrum	2:51.97	<b>2nd - 6 pts</b>			
Giana Garcia	3:16.21				
Andrea Flores	3:39.49				
<b>4 x 100 X</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>	<b>4 x 100 X</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Adyson Hildebrand	17.04	<b>4th - 2 pts</b>			
Addison Ransom	16.24				
Adilynn Herbert	14.81	<b>Total Time</b>			<b>Total Time</b>
Sophie Estrada	17.99	<b>1:05.1</b>			
<b>4 x 400</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>	<b>4 x 400</b>	<b>Split Time</b>	<b>Place &amp; Pts.</b>
Addison Houston	1:16.98	<b>2nd - 6 pts</b>			
Addison Ransom	1:23.95				
Giana Garcia	1:20.63	<b>Total Time</b>			
Sara Mun	1:16.73	<b>5:18.32</b>			

B means use starting blocks  
X means closed hand off  
O means open hand off

Notes: Shot/Discus (at high school)

Shot put - 3 tosses

Discus - - 3 tosses

LJ -

HJ -

1/8 inch spikes

Please report distances from field events to Coach Young!

**Excuses?**

Denison - 98.5

Atlantic - 90

Lewis Central - 88.5

Kuemper - 50

Harlan - 42