

5/4/2021
Little Tomahawk Relays

Shot Put	Distance	Place		Discus	Distance	Place
Dianne Castillo	x18-09.5			Emily Gehlsen	76-09.5	1st - 8 pts
Gracen Plagge	20-08.5	5th - 1st		Gracen Plagge	58-07.5	4th - 2 pts
Tanna Petersen	19-01.5			Ashton Randeris	50-09.75	
Long Jump	Distance	Place		High Jump	Distance	Place
Kyia Clark		12-11 3rd - 4 pts		Anna Galvin	4-00	5th - 1 pt
Sara Mun	13-07.5	1st - 8 pts		Charlotte Schrum	04-02	4th - 2 pts
Avery Bock	x12-04.5			Adyson Hildebrand	NH	
4 X 800 O	Split Time	Place & Pts.		4 X 800 O	Split Time	Place & Pts.
Emily Gehlsen	2:55.31	3rd - 4 pts				
Nessa Hedstrom	3:16.45					
Annah Schwarte	3:15.72	Total Time				Total time
Giana Garcia	3:25.34	12:52.84				
Shuttle Hurdle	Split Time	Place & Pts.		Shuttle Hurdle	Split Time	Place & Pts.
Avery Bock	19.55	1st - 8 pts				
Lexie Wiese	22.15					
Rylan Ipsen	21.24	Total Time				Total Time
Nessa Hedstrom	22.24	1:25.29				
100 M Dash	Time	Place & Pts.		100 M Dash	Time	Place & Pts.
Kyia Clark	13.95	1st - 8 pts				
Ashton Randeris	-					
Kia Coenen	-					
1600 Distance Med	Split Time	Place & Pts.		1600 Distance Med	Time	Place & Pts.
Emily Gehlsen (200)	32.71	1st - 8 pts				
Addison Houston (200)	32.82					
Kyia Clark (400)	1:08.78	Total Time				Total Time
Charlotte Schrum (800)		2:58 5:13.11				
400 M Dash	Time	Place & Pts.		400 M Dash	Time	Place & Pts.
Sara Mun	1:12.86	3rd - 4 pts				
Anna Galvin	1:20.23					
Addison Ransom	1:18.14	4th - 2 pts				
4 x 200 X	Split Time	Place & Pts.		4 x 200 X	Split Time	Place & Pts.
Addison Houston	32.28	3rd - 4 pts				
Annah Schwarte	31.63					
Sara Mun	33.53	Total Time				Total Time
Emily Gehlsen	33.35	2:10.78				
1600 M Run	Time	Place & Pts.		1600 M Run	Time	Place & Pts.
Charlotte Schrum	5:54.63	2nd - 6 pts				
Andrea Flores	7:14.94					
10 Flt Hurdles	Time	Place & Pts.		10 Flt Hurdles	Time	Place & Pts.
Avery Bock	19.16	3rd - 4 pts				
Lexie Wiese	22.65					
Rylan Ipsen	21.5					
200 M Dash	Time	Place & Pts.		200 M Dash	Time	Place & Pts.
Kyia Clark	28.52	1st - 8 pts				
Annah Schwarte	34.13					
Sophie Estrada	35.07					

800 Sprint Med	Split Time	Place & Pts.	800 Sprint Med	Split Time	Place & Pts.
Adyson Hildebrand	15.63	3rd - 4 pts			
Lexie Wiese	16.84				
Addison Ransom	32.49	Total Time			Total Time
Anna Galvin	1:21.02	2:25.99			
200 Hurdles	Time	Place & Pts.	200 Hurdles	Time	Place & Pts.
Avery Bock	34.28	1st - 8 pts			
Kia Coenen	35.57	3rd - 4 pts			
Nessa Hedstrom	37.17				
800 M. Run	Time	Place & Pts.	800 M. Run	Time	Place & Pts.
Charlotte Schrum	2:58	2nd - 6 pts			
Giana Garcia	3:01	4th - 2 pts			
Andrea Flores	3:27.02				
4 x 100 X	Split Time	Place & Pts.	4 x 100 X	Split Time	Place & Pts.
Adyson Hildebrand	15.58	4th - 2 pts			
Sophie Estrada	16.02				
Kia Coenen	17.3	Total Time			Total Time
Addison Ransom	15.78	1:05.71			
4 x 400	Split Time	Place & Pts.	4 x 400	Split Time	Place & Pts.
Addison Houston	1:19.14	4th - 2 pts			
Anna Galvin	1:30.83				
Giana Garcia	1:18.72	Total Time			
Sara Mun	1:18.9	5:27.61			

B means use starting blocks
X means closed hand off
O means open hand off

Notes: Shot/Discus (at high school)
Shot put - 3 tosses
Discus - - 3 tosses

Please report distances from field events to Coach Brawner!

Excuses?

1/8 inch spikes

Denison - 112 points
Le Mars - 104 points
Cherokee - 57 points
Storm Lake - 57 points
Sheldon - 41 points