

Harlan

April 21st, 2025

Shot Put	Distance	Place		Discus	Distance	Place
Cadence Desy	18' 6"			Cadence Desy	48' 04"	7th- 1pt
Malia Potts	19' 00"	8th- 1pt		Wrenna Henningsen	52' 04"	4th- 4pts
				Malia Potts	39' 08"	
Long Jump	Distance	Place		High Jump	Distance	Place
Harper Phipps	6' 10"			Rehder Koch	4' 00"	4th- 4pts
				Madilyn Larson	3' 10"	6th- 1pt
4 X 800 (Open)	Split Time	Place & Pts.		4 X 800 (Open)	Split Time	Place & Pts.
Ariana Leanos	3:14.76					
Luciana Magana	3:21.69	2nd- 8pts				
Kendra Ochoa	3:19.68	Total Time				Total time
Jennifer Ramos	3:23.37	13:29.69				
Shuttle Hurdle	Split Time	Place & Pts.		Shuttle Hurdle	Split Time	Place & Pts.
Stephany Castillo	24.31					
Rehder Koch	22.26	4th- 4pts				
Madison Blume	22.95	Total Time				Total Time
Nathalie Castro	19.94	1:29.66				
100 M Dash	Time	Place & Pts.		100 M Dash	Time	Place & Pts.
Heidy Loarca	NT			Alexa Alvarado	16.77	
Ariana Rodriguez	20.55					
Crismaris Rodriguez	20.63					
Damaris Rodriguez	18.01					
Aspen Steinkueler	NT					
1600 Distance Med	Split Time	Place & Pts.		1600 Distance Med	Time	Place & Pts.
Daniela Lora 200	32.51					
Stephany Castillo 200	37.57	4th- 4pts				
Meron Berhe 400	1:20.50	Total Time				Total Time
Madison Blume 800	3:08.57	5:39.66				
400 M Dash	Time	Place & Pts.		400 M Dash	Time	Place & Pts.
Rehder Koch	1:18.17			Kaylee Raymie	1:20.83	
Kendra Ochoa	1:28.06			America Ramos	1:49.42	
Malia Potts	1:34.35			Ariana Leanos	1:31.08	
Daniela Lora	1:26.10			Allyson Flores	1:39.77	
Wrenna Henningsen	1:42.11			Cadence Desy	1:35.18	
Keily Segoviano	1:23.09					
4 x 200 (Closed)	Split Time	Place & Pts.		4 x 200 (Closed)	Split Time	Place & Pts.
Madilyn Larson	27.75			Ariana Rodriguez	44.78	
Nathalie Castro	29.43	2nd- 8pts		Aspen Steinkuehler	32.33	
Madison Blume	38.22	Total Time		Alexa Alvarado	36.48	Total Time
Yaniery Medina	29.22	2:07.42		Mileyna Arevalo	34.98	2:29.45

1500 M Run	Time	Place & Pts.		1500 M Run	Time	Place & Pts.
Harper Phipps	9:00.66					
Jennifer Ramos	7:46.08					
10 Flt Hurdles	Time	Place & Pts.		10 Flt Hurdles	Time	Place & Pts.
Stephany Castillo	23.73					
Madilyn Larson	18.92	1st- 10pts				
200 M Dash	Time	Place & Pts.		200 M Dash	Time	Place & Pts.
Heidy Loarca	NT			Damaris Rodriguez	44.12	
Ariana Rodriguez	45.45			Aspen Steinkueller	41.32	
Crismaris Rodriguez	49.88			Malia Potts	38.89	
Keily Segoviano	34.55			Mileyna Arevalo	34.5	
Wrenna Henningsen	42.51			Allyson Flores	41.59	
Cadence Desy	40.24			America Ramos	45.25	
800 Sprint Med	Split Time	Place & Pts.		800 Sprint Med	Split Time	Place & Pts.
Yaniery Medina 100	15.08					
Daniela Lora 100	16.76	1st- 10pts				
Madilyn Larson 200	28.86	Total Time				Total Time
Natalie Castro 400	1:13.00	2:14.03				
200 Hurdles	Time	Place & Pts.		200 Hurdles	Time	Place & Pts.
Rehder Koch	38.53	4th- 4pts				
800 M. Run	Time	Place & Pts.		800 M. Run	Time	Place & Pts.
Harper Phipps	NT			Kaylee Raymie	3:25.83	5th- 2pts
Kendra Ochoa	3:26.81	6th- 1pt				
4 x 100 (Closed)	Split Time	Place & Pts.		4 x 100 (Closed)	Split Time	Place & Pts.
Yaniery Medina	14.4			Alexa Alvarado	15.09	
Ariana Leanos	15.87	5th- 2pts		Mileyna Arevalo	15.94	
Luciana Magana	17.07	Total Time		America Ramos	18.25	Total Time
Meron Berhe	17.61	1:05.57		Damaris Rodriguez	21.5	1:11.11
4 x 400 (Closed)	Split Time	Place & Pts.		4 x 400 (Closed)	Split Time	Place & Pts.
Meron Berhe	1:20.97					
Allyson Flores	1:46.19	5th- 2pts				
Luciana Magana	1:24.29	Total Time				Total Time
Keily Segoviano	1:26.40	5:58.58				

Field Events: 4:15 Running Events: 4:45

Teams: Atlantic 168, Harlan 141, Kuemper Catholic 115, **Denison-Schleswig 66**, Carroll 46, Red Oak 3

Scoring:

Individual: 10-8-6-4-2-1, Relay: 10-8-6-4-2-1

*Report field events to Coach Lara