

5/03/22
Tomahawk Relays

Shot Put	Distance	Place		Discus	Distance	Place
Owen F.	29-06.00	5th - 1pt		Owen F.	74-09	4th - 2pts
Jackson S.	29-10.50	4th - 2pts		Jackson S.	63-00	5th - 1pt
				Trae H.	62-03	
Long Jump	Distance	Place		High Jump	Distance	Place
Grant O.	13-07.00	5th - 1pt		Grant O.	4-06.00	4th - 2pts
Josue M.	13-02.00			Miguel H.	NH	
Morgan W.	11-02.00					
4 X 800 O	Split Time	Place & Pts.		4 X 800 O	Split Time	Place & Pts.
Cristian R.	2:37.25	1st - 8pts				
Anthony V.	2:39.21					
Kevin S.	2:29.06	Total Time				Total time
Victor M.	2:30.32	10:16.38				
Shuttle Hurdle	Split Time	Place & Pts.		Shuttle Hurdle	Split Time	Place & Pts.
Aiden L.	19.39	3rd - 4pts				
Cristian R.	21.86					
Nikko M.	20.01	Total Time				Total Time
Morgan W.	19.76	1:21.58				
100 M Dash	Time	Place & Pts.		100 M Dash	Time	Place & Pts.
Josue M.	13.19	1st - 8pts				
Wilson R.	15.28					
1600 Distance Med	Split Time	Place & Pts.		1600 Distance Med	Time	Place & Pts.
Owen F.	26.38					
Andy A.	33.08					
Victor M.	1:04.69	Total Time				Total Time
Kevin S.	2:29.22	4:34.02				
400 M Dash	Time	Place & Pts.		400 M Dash	Time	Place & Pts.
Miguel H.	1:01.09	1st - 8pts				
Wilson R.	1:13.40					
4 x 200 X	Split Time	Place & Pts.		4 x 200 X	Split Time	Place & Pts.
Andy A.	29.59	3rd - 4pts				
Zach K.	30.61					
Trae H.	32.65	Total Time				Total Time
Jackson S.	32.98	2:06.80				
1600 M Run	Time	Place & Pts.		1600 M Run	Time	Place & Pts.
Victor M.	5:30.19	1st - 8pts				
Cristian R.	6:09.72	2nd - 6pts				
10 Flt Hurdles	Time	Place & Pts.		10 Flt Hurdles	Time	Place & Pts.
Aiden L.	19.79					
Morgan W.	20.56					
Nikko M.	19.67	5th - 1pt				
200 M Dash	Time	Place & Pts.		200 M Dash	Time	Place & Pts.
Josue M.	26.63	1st - 8pts				
Trae H.	32.86					

800 Sprint Med	Split Time	Place & Pts.	800 Sprint Med	Split Time	Place & Pts.
Owen F.	12.5	1st - 8pts			
Jackson S.	14.12				
Josue M.	27.07	Total Time			Total Time
Miguel H.	1:04.64	1:58.88			
200 Hurdles	Time	Place & Pts.	200 Hurdles	Time	Place & Pts.
Morgan W.	34.6				
Nikko M.	34.43	5th - 1pt			
800 M. Run	Time	Place & Pts.	800 M. Run	Time	Place & Pts.
Kevin S.	2:28.88	1st - 8pts			
Anthony V.	2:38.96	2nd - 6pts			
4 x 100 X	Split Time	Place & Pts.	4 x 100 X	Split Time	Place & Pts.
Grant O.	16.94	3rd - 4pts			
Andy A.	14.75				
Trae H.	16.34	Total Time			Total Time
Zach K.	15.3	1:01.93			
4 x 400	Split Time	Place & Pts.	4 x 400	Split Time	Place & Pts.
Aiden L.	1:09.46	3rd - 4pts			
Anthony V.	1:09.98				
Wilson R.	1:13.53	Total Time			
Miguel H.	1:03.75	4:38.59			

B means use starting blocks
X means closed hand off
O means open hand off

Please report distances from field events to Coach Torres!

Notes: Shot/Discus (at high school)

Shot put - 3 tosses

Discus - - 3 tosses

LJ -

HJ -

1/2 inch spikes

Denison - 111

Cherokee - 65

Le Mars - 97

Sheldon - 57

Storm Lake -