H-10 Track Meet 5/12/25

Shot Put	Distance	Place	Discus	Distance	Place
Broc Slater	36-03	2nd - 8 pts	Gavin Watts	96-07	4th - 5 pts
Kinnik Borkowski	28-08		Luke Ratliff	76-08	
Record: 40' 10"			Record: 119'		
Long Jump	Distance	Place	High Jump	Distance	Place
Donovan Thao	15-03	8th - 1 pt	g.i camp		1.1000
Jaden Stangl	12-09	-			
Record: 18' 2"					
4 X 800 O	Split Time	Place & Pts.	4 X 800 O	Split Time	Place & Pts.
		Total Time			Total time
Record: 10:12.6					
Shuttle Hurdle	Split Time	Place & Pts.	Shuttle Hurdle	Split Time	Place & Pts.
		Total Time			Total Time
Record: 1:14.47					
100 M Dash	Time	Place & Pts.	100 M Dash	Time	Place & Pts.
Reed Meseck	15.63		Luke Ratliff	16.87	
Harrison Fink	15.71		Miguel Pineda	15.82	
Record: 11.64					
1600 Distance Med	Split Time	Place & Pts.	1600 Distance Med	Time	Place & Pts.
Donovan Thao (200)	24.38	3rd - 6 pts			
Jaden Stangl (200)	30.49				
Gavin Watts (400)	1:03.66				
Broc Slater (800)	2:42.78	Total Time			Total Time
Record: 4:27.03		4:41			
400 M Dash	Time	Place & Pts.	400 M Dash	Time	Place & Pts.
Lazarus Esteves	1:05.75	7th - 2 pts			
Record: 56.53					

4 x 200 X	Split Time	Place & Pts.	4 x 200 X	Split Time	Place & Pts.
Donovan Thao	25.33	3rd - 6 pts			
Jaden Stangl	29.54				
Kayman Ronfeldt	29.5				
Broc Slater	29.17	Total Time			Total Time
Record: 1:49.63		1:53.56			
1600 M Run	Time	Place & Pts.	1600 M Run	Time	Place & Pts.
Braxten Ghislandi	6:18.28				
Record: 5:10					
10 Flt Hurdles	Time	Place & Pts.	10 Flt Hurdles	Time	Place & Pts.
Jaylen Centeno	20.21				
Record: 16.73					
200 M Dash	Time	Place & Pts.	200 M Dash	Time	Place & Pts.
Donovan Thao	25.91	6th - 3 pts			
Record: 24.76					
800 Sprint Med	Split Time	Place & Pts.	800 Sprint Med	Split Time	Place & Pts.
-	14.43	1 10.00 0.1 001	oud Sprint Wed	Spiit Time	Place & Pts.
Henry Boettger (100)	14.59	5th - 4 pts			
Reed Meseck (100)	+				
Jaden Stangl (200)	31.96				
Gavin Watts (400)	1:06.97	Total Time			Total Time
Record: 1:54.8		2:07.96	20011 11		DI 0.D/
200 Hurdles	Time	Place & Pts.	200 Hurdles	Time	Place & Pts.
Jaylen Centeno	34.2				
Lazarus Esteves	32.9				
Record: 28.51					
800 M. Run	Time	Place & Pts.	800 M. Run	Time	Place & Pts.
Miguel Pineda	2:44.74				
Record: 2:21					
4 x 100 X	Split Time	Place & Pts.	4 x 100 X	Split Time	Place & Pts.
Kayman Ronfeldt	14.04	6th - 3 pts			
Henry Boettger	14.05				
Harrison Fink	15.88				
Reed Meseck	16.87	Total Time			Total Time
Record: 51.24		1:00.86			
4 x 400	Split Time	Place & Pts.	4 x 400	Split Time	Place & Pts.
Gavin Watts	1:03.76	3rd - 6 pts	Notes: Shot/Discus		
Lazarus Esteves	1:09.08		Shot put/Discus - 4 Throws	Glenwood - 169.5 LC - 104	
Kayman Ronfeldt	1:09.21		LJ & High Jump - 3 Jumps	Atlantic - 91	
Broc Slater	1:05.66	Total Time	⅓ inch spikes	Harlan - 89.5	
Record: 4:13.59		4:27.72		Kuemper - 66.5 Shenandoah - 64	
Please report distances from field events to Coach Braw				Denison - 44 Clarinda - 31 Red Oak - 16.5	
X means closed hand of O means open hand of	-			St. Albert - 12 Creston - 10	