

Date:	February 1-2, 2024	
Location:	Coralville	
130	Taya Adams	DNP
Champ Round 1	Lost by Fall (1:24) to Layla Ewing (Moravia)	
Cons. Round 1	Lost by Fall (1:52) to Kyiah Loagan (Spencer)	
140	Angie Rivera	DNP
Champ Round 1	Lost by Fall (4:18) to Jolee Strohmeyer (Dubuque Senior)	
Cons. Round 1	Won by Fall (1:45) over Valerie Altenhofen (Williamsburg)	
Cons. Round 2	Lost by Fall (1:27) to Naomi Templeton (Raccoon River NW)	
Comments from the Monarch coaching staff:		
<p>We're very proud of our two girls for earning the chance to compete at the state tournament. Once again, the buzz in the building during the Thursday morning session was incredible and we're glad our girls got to experience that. Taya entered as the 28 seed and Angie was the 25 seed so we knew it was going to be an uphill battle with both girls facing top 8 seeds in their brackets in round one. Our main focus for the girls is that anything could happen at the state tournament and you'd rather empty your gas tank and let the chips fall where they may rather hold something back. And they did exactly as we told them. We wrestled tough and let a couple upset opportunities slip away, but we gave ourselves chances - we just couldn't quite finish. Regardless, watching them compete one last time this season was fun.</p> <p>Taya Adams: The senior joined wrestling during her junior year - the first year it was sanctioned in Iowa. She has improved so much. As a junior, she was 12-16 and went 0-2 at regionals. Taya finished this season 25-15, finished 3rd at regionals, and was voted a captain by her teammates at the start of the season. We simply can't say enough good things about type of competitor and person she is. She's smart, tough, and coachable - all things that will serve her well in any endeavor she chooses moving forward.</p> <p>Angie Rivera: The sophomore wrapped up her season with a record of 29-13 while being voted a team captain and is now a two-time state qualifier. Angie works her tail off, plain and simple. They don't make them much tougher than her and she has become the girl that others on the team follow. She was able to match her state performance from last year, and I know that drives her for the future. There is another level that she can jump to where she can start to challenge some of those top dogs in her weight class. Some of that will come with age, but a lot of it will come more mat time and continued hard work to improve - particularly on the technique side of things. She will be a leader in our room for years to come.</p>		