

Date:	December 2, 2023	Team Place:	5th out of 23
Location:	Audubon		
Teams:	AC/GC, ATU, Audubon, Carroll, CBCSD, Clarinda, Dallas Center-Grimes, Denison, East Mills, East Sac, Kuemper, Lo-Ma, Ogden, Perry, SWAT, Shenandoah, South Central Calhoun, Treynor, Urbandale, Valley WDM, West Central Valley, Western Iowa, Woodbine		
100	Daniela Salinas	3rd Place	
Quarters	WBF (0:30) over Zoe Boger (ESC)		
Semis	Lost by Decision (8-7) to Georgia Edwards (DCG)		
Cons. Semis	WBF (1:06) over Alexis Esquivel (CARR)		
3rd Place Match	Won by Decision (UTB 11-10) over McKenzie Brennecke (VWDM)		
115	Grace Collins	DNP	
Round 1	LBF to Kaylea Hintze (CBCSD)		
Cons. Round 3	WBF (4:57) over Kelsey McCool (CARR)		
		***Matches to wrestle back for 7th were canceled due to time constraints	
130	Taya Adams	4th Place	
Round 1	WBF (2:40) over Rhowen Miller (WCV)		
Quarters	WBF (0:34) over Michelle Brooks (AUD)		
Semis	LBF (0:44) to Cierra Wieland (CBCSD)		
Cons. Semis	WBF (1:48) over Meia Hefley (SCC)		
3rd Place Match	LBF (3:47) to Kylar Downey (CLAR)		
135	Angie Rivera	3rd Place	
Round 1	WBF (0:27) over Allison Canales (Perry)		
Quarters	WBF (5:22) over Kyra Woltermann (KUCA)		
Semis	LBF (2:42) to Averil Burke (CARR)		
Cons. Semis	Won by Med. Forf. over Andyn White (TREY)		
3rd Place Match	WBF (4:30) over Kyra Wolterman (KUCA)		
140	Giana Garcia	4th Place	
Round 1	WBF (0:45) over Illiana Morris (CBCSD)		
Quarters	WBF (3:28) over Ava Stodden (VWDM)		
Semis	LBF (0:50) to Kloee Jones (CARR)		
Cons. Semis	WBF (3:30) over Lilliana Tafoya (SWAT)		
3rd Place Match	LBF (3:02) to Chloe Nelson (SHEN)		
145	Aremy Santos	5th Place	
Quarters	LBF (2:34) to Marlee Pittet (WIA)		
Cons. Round 2	WBF (1:57) over Ava Menken (CARR)		
Cons. Semis	LBF (0:28) to Jenah Gray (DCG)		
5th Place Match	WBF (1:44) over Elena Harbour (AUD)		
155	Andrea Alcaraz	5th Place	
Round 1	WBF (1:17) over Melodee Rench (ESC)		
Quarters	WBF (4:25) over Lilliana Johnson (SWAT)		

Semis	LBF (2:43) to Julie Maylum (PERR)	
Cons. Semis	LBF (5:44) to Laila Christophersen (SCC)	
5th Place Match	WBF (1:58) over Ayla Nagl (CARR)	
170	Kasandra Barroso	DNP
Round 1	LBF (1:37) to Nancy Bowman (LOMA)	***Matches to wrestle back for 7th were canceled due to time constraints
Cons. Round 1	WBF (1:00) over Lillian Salazar (URB)	
Cons. Round 2	Won by Inj. Def. over Angelina Hartley	
190	Taylor Totten	5th Place
Quarters	Lost by Maj. Dec. (8-0) to Halley Beudet (DCG)	
Cons. Round 2	WBF (0:05) over Lillie Unrein (ESC)	
Cons. Semis	LBF (0:34) to Elly Wagner (VWDM)	
5th Place Match	WBF (0:09) over Bristol Sheeder (ACGC)	
235	Lexi Hartwig	6th Place
Quarters	LBF (0:33) to Haley Armstrong (SWAT)	
Cons. Round 2	WBF (3:12) over Eliza Knoll (Ogden)	
Cons. Round 3	LBF (3:10) to Brooklyn Anderson (URB)	
5th Place Match	LBF (0:31) to Gracie Sloss (WCV)	
Comments from the Monarch coaching staff:		
<p>We're very proud of our girls for their display of competitiveness and toughness today. This was probably the biggest tournament we have been to as a program and I was a little nervous at how we'd respond. It takes a certain level of resilience to be in a gym competing for 12+ hours on a Saturday. There are highs and lows along the way - we won some matches that we probably had no business winning and we also felt like we let a few wins slip away that we could've gotten. Momentum is a real thing in wrestling and you could feel our girls' confidence build throughout the day and start to expect to win at times. We came out with a top 5 finish and 8 out of 10 girls placing in the top 6 of their bracket. The other two were wrestling back for 7th but their matches were canceled along the way due to time constraints.</p> <p>We had five girls make the semifinals - Salinas, Adams, Rivera, Garcia, and Alcaraz. Taya Adams and Giana Garcia both placed 4th after being unseeded, which was great to see. I also want to acknowledge Salinas and Rivera who both got knocked off in the semis as one seeds, didn't hang their heads, and won two more matches to battle back for 3rd.</p> <p>We still need to get better with our understanding of situational wrestling as well as understanding where we are at positionally and when to hit certain moves. Some of that will come with more mat time, but we'll have to try and simulate those situations in practice.</p> <p>Our JV is in action on Monday in Sioux City so we're excited to get those girls some matches. Varsity is off until Friday at Riverside which will be another big tournament.</p>		