

<b>Date:</b> 09-12-23				
<b>Location:</b> Storm Lake				
<b>Weather</b> 75 and Sunny				
<b>HS Girls Varsity Team Results:</b> 172 points - 7th place				
<b>HS Girls Varsity Individual Results:</b>				
	<b>Place</b>	<b>Name</b>	<b>Time</b>	
	2	Lola Mendlik	20:04:00	
	9	Alexa Tremblay	21:01:00	
	45	Jenna Meadows	24:17:00	
	56	Emily Bahnsen	25:01:00	
	60	Tiffany Ramirez	25:30:00	
	61	Abby Gutierrez	25:46:00	
	66	Lynnae Johnson	27:15:00	
<b>HS Girls JV Individual Results:</b>		201 points - 7th place		
	<b>Place</b>	<b>Name</b>	<b>Time</b>	
	40	Estella Lupian	26:50:00	
	52	Christell Salazar	27:26:00	
	61	Janet Castillo	28:52:00	
	62	Adrianna Lupian	28:53:00	
	71	Andrea Flores	30:01:00	
	73	Maggie Hennings	30:14:00	
<b>HS Boys Varsity Team Results:</b> 262 points - 11th place				
<b>HS Boys Varsity Individual Results:</b>				
	<b>Place</b>	<b>Name</b>	<b>Time</b>	
	11	Kevin Sanchez	17:40:00	

	41	Ethan Olsen	19:05:00		
	67	Brody Skarin	21:11:00		
	69	Juan Diaz	21:16:00		
	74	Matthew Sandoval	22:42:00		
	75	Omar Ramos	22:54:00		
	76	Leo Sanchez-Rios	23:00:00		
<b>MS Girls Team Results:</b>			NA		
<b>MS Girls Individual Results:</b>					
	<b>Place</b>	<b>Name</b>	<b>Time</b>		
	9	Chloe Galvin	14:23:00		
	15	Aubrey Young	14:50:00		
	35	Cora Gotto	17:35:00		
<b>MS Boys Team Results:</b>			27 points - 1st Place		
<b>MS Boys Team Results:</b>					
	<b>Place</b>	<b>Name</b>	<b>Time</b>		
	3	Giovany Gomez	11:58:00		
	4	Angel Garcia	12:00:00		
	5	Raul Salas	12:04:00		
	7	Jaime Hernandez	12:12:00		
	8	Raul Castillo	12:20:00		
	17	Edward Ibarra	12:50:00		
	20	Abdiel Corona	13:05:00		
	23	Israel Bernal-Serrato	13:31:00		
	63	Jorge Barajas	17:41:00		

<p><b>Comments from assistant coach Raegan Andersen:</b></p>	<p>The Monarch cross country runners ran another great race on a fast Storm Lake course. Coming into this race, we knew it was going to be fast as the course is completely flat. We had many different kids step up for us tonight and run varisty. We had 3 varisty runners out tonight due to sickness and injuries. On the girls side, the varisty team took home 7th place. Lola Mendlik and Alexa Tremblay led the girls with a 2nd and 9th place finish respectively. The girls did a great job of geting out quick which allowed them to be in good positioning from the start. We need to continue to work on closing the gap between one another. The Varisty boys brought home 11th place. Kevin Sanchez stepped up and led the boys tonight with an 11th place finish. We had multiple boys un in a spot they aren't used too and pushed themselves. We need to work on being able to run fast for a full 3 miles. We also had middle school girls and boys in action tonight for the first time this season. The middle school boys ran a great race. They packed up and were able to finish really well. They brought home first place as a team and had 5 place in top 10 indivuually. Chloe, Aubree, and Cora all 3 had great races as well. It's nice for the middle schools runners to have their first meet under their belt and know what to expect going into each meet now. The Monarchs will be in action again on Thursday, September 21st at MVACOU.</p>			