

<b>Date:</b>	8-29-2023
<b>Location:</b>	Logan
<b>Weather:</b>	85 & Sunny

<b>HS Girls Team Results:</b>	3rd - 71 pts
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email results to: [results@gobound.com](mailto:results@gobound.com)

HS Girls Individual Results:			
	Place	Name	Time
	3	Lola Mendlik	19:31:00
	4	Alexa Tremblay	20:42:00
	16	Charlotte Schrum	21:39:00
	32	Emily Bahnsen	23:34:00
	37	Jenna Meadows	23:52:00
	46	Tiffany Ramirez	25:24:00
	49	Anna Galvin	25:51:00
	51	Abby Gutierrez	25:58:00
	53	Christell Salazar	26:15:00
	56	Lynnae Johnson	26:34:00
	57	Janet Castillo	26:39:00
	59	Andrea Flores	27:04:00
	62	Adrianna Lupian	27:58:00
	63	Estella Lupian	28:03:00
	66	Leila Jaime	29:20:00
	68	Maggie Hennings	31:03:00
	72	Zahrya Flores	33:16:00

<b>HS Boys Team Results:</b>	6th - 148 pts
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HS Boys Individual Results:			
	Place	Name	Time
	6	Ivan Ledesma	16:47:00
	19	Kevin Sanchez	17:46:00
	25	Ethan Olsen	18:08:00
	53	Brody Skarin	20:07:00

59	Juan Diaz	20:27:00				
72	Matthew Sandoval	21:11:00				
74	Omar Ramos	21:39:00				
82	Leo Sanchez-Rios	22:50:00				

  

<b>Comments from head coach Nick Bradley :</b>	<p>What a start of the season for the Monarch XC runners. Coach Andersen and I are so proud of how hard the kids competed tonight!! To start, the girls ran a phenomenal race. Each girls pushed as hard as they possibly could. The girls were paced by Lola Mendlik (3rd), Alexa Tremblay (4th) and Charlotte Schrum (16th). Emily Bahnsen and Jenna Meadows rounded out the girls 4/5 spots. This put the girls in close contention for 1st place. AHSTW had 67 pts and LoMa with 68 pts. This is great momentum for us on the girls side of competition. We now have a good gauge to help the girls train better and get better each week. The boys were paced by Ivan Ledesma (6th) and Kevin Sanchez (19). This is the best race I have ever seen Ivan run. He is competitive and wants to run with the top runners. As a boys team, we are super pleased with our times. We have boys stepping up from JV last year who will now run varsity for the remainder of the year. These boys have the drive to work and get better each week. Both the boys and the girls will see a quick turnaround in competition as we compete at IA Western on Saturday.</p>