

<b>Date:</b> 10-05-23				
<b>Location:</b> Atlantic				
<b>Weather</b> 70 & Sunny				
<b>HS Girls Varsity Team Results:</b> 7th - 183 pts				
<b>HS Girls Varsity Individual Results:</b>				
	<b>Place</b>	<b>Name</b>	<b>Time</b>	
	6	Lola Mendlik	20:04:00	
	10	Alexa Tremblay	20:45:00	
	65	Charlotte Schrum	24:21:00	
	68	Tiffany Ramirez	24:26:00	
	72	Jenna Meadows	24:34:00	
	84	Emily Bahnsen	25:40:00	
	90	Anna Galvin	26:31:00	
<b>HS Girls Junior Varsity Team Results:</b> 6th - 168 pts				
<b>HS Girls Junilr Varsity Individual Results:</b>				
	<b>Place</b>	<b>Name</b>		
	29	Abby Gutierrez	25:54:00	
	36	Estela Lupian	26:09:00	
	41	Christell Salazar	26:41:00	
	44	Adrianna Lupian	26:45:00	
	47	Lynnae Johnson	27:04:00	
	53	Janet Castillo	27:50:00	
	56	Andrea Flores	28:05:00	
	78	Maggie Hennings	32:20:00	
<b>HS Boys Varsity Team Results:</b> 12th - 284 pts				
<b>HS Boys Varsity Individual Results:</b>				

Place	Name	Time		
35	Kevin Sanchez	18:48:00		
45	Ethan Olsen	19:07:00		
63	Ivan Ledesma	19:45:00		
80	Brody Skarin	20:41:00		
83	Juan Diaz	20:45:00		
93	Omar Ramos	21:41:00		
<b>MS Girls Team Results:</b>		No Team Score		
<b>MS Girls Individual Results:</b>				
Place	Name	Time		
34	Aubrey Young	15:30:00		
79	Cora Gotto	17:25:00		
<b>MS Boys Team Results:</b>		2nd - 58 pts		
<b>MS Boys Team Results:</b>				
Place	Name	Time		
4	Angel Garcia	12:26:00		
6	Giovany Gomez	12:35:00		
13	Raul Salas	12:52:00		
19	Raul Castillo	13:12:00		
24	Jaime Hernandez	13:22:00		
49	Israel Bernal-Serrato	14:09:00		
63	Edward Ibarra	14:30:00		
121	Jorge Barajas	16:48:00		

**Comments from head coach Nick Bradley:**

The Atlantic meet is always a tough meet and tonight was no exception. This is a big meet with a ton of tough competition. Our kids ran to the best of their abilities. We still have some work to do for both the boys and the girls squads when it comes to surging during the race and footspeed. We will be focusing on these two things over the next week and a half. Lola Mendlik (th) and Alexa Tremblay (10th) both paced the girls team. The boys were paced by Kevin Sanchez (35). MS boys were able to capture 2nd as a team. They were 16 pts behind a very tough LC team. As a whole, we must finish strong. We only have 2 meets to go. We have the Hawkeye 10 meet next week and then districts the following week. We have to be ready both physically and mentally.