

Date: 10-11-23				
Location: Glenwood				
Weather 70 & Cloudy				
HS Girls Varsity Team Results: 6th - 148 pts				
HS Girls Varsity Individual Results:				
	Place	Name	Time	
	5	Lola Mendlik	19:24:00	
	7	Alexa Tremblay	19:55:00	
	42	Charlotte Schrum	23:12:00	
	52	Tiffany Ramirez	24:08:00	
	53	Jenna Meadows	24:37:00	
	54	Emily Bahnsen	24:50:00	
	56	Anna Galvin	24:58:00	
HS Girls Junior Varsity Team Results: 5th - 139 pts				
HS Girls Junilr Varsity Individual Results:				
	Place	Name		
	21	Abby Gutierrez	24:59:00	
	24	Estela Lupian	25:23:00	
	30	Christell Salazar	25:44:00	
	37	Adrianna Lupian	26:37:00	
	46	Janet Castillo	28:28:00	
	44	Andrea Flores	27:34:00	
	52	Maggie Hennings	32:24:00	
HS Boys Varsity Team Results: 10th - 278 pts				
HS Boys Varsity Individual Results:				

	Place	Name	Time		
	33	Ethan Olsen	18:08:00		
	48	Ivan Ledesma	18:56:00		
	59	Brody Skarin	19:41:00		
	65	Juan Diaz	19:54:00		
	73	Omar Ramos	21:49:00		
	75	Leo Sanchez-Rios	21:59:00		
	76	Matthew Sandoval	22:10:00		
MS Girls Team Results:		No Team Score			
MS Girls Individual Results:					
	Place	Name	Time		
	16	Chloe Galvin	15:08:00		
	29	Aubrey Young	15:52:00		
	59	Cora Gotto	17:55:00		
MS Boys Team Results:		2nd - 41 pts			
MS Boys Team Results:					
	Place	Name	Time		
	3	Angel Garcia	12:01:00		
	7	Giovany Gomez	12:37:00		
	10	Raul Castillo	12:44:00		
	11	Raul Salas	12:55:00		
	16	Jaime Hernandez	13:19:00		
	17	Abdiel Corona	13:20:00		
	19	Israel Bernal-Serrato	13:26:00		
	29	Edward Ibarra	14:00:00		
	62	Jorge Barajas	15:50:00		

Comments from head coach Nick Bradley:	<p>What a great race day for the Monarch XC teams. We would like to thank Glenwood Community Schools for hosting this year on short notice. Their course is always fun to run. Our kids know this course very well as this was the state qualifying meet last year. The Hawkeye 10 Conference is loaded with top state talent. Our kids had to push hard today in order to place high. Lola Mendlik (5th) & Alexa Tremblay (7th) paced the varsity girls. To finish in the top 10 at this meet is impressive considering the top tier talent. As a team, the girls finished 6th. The boys were paced by Ethan Olsen (33rd). As a team, the boys finished in 10th. We still have a lot of growing to do. One of our focuses needs to be on year-round running. This will help us as a team move up in the rankings. The MS boys and girls finished off another great meet and season. The girls ran hard and had great finishes. The boys narrowly missed out on capturing the title. They closed the gap with LC but were unable to beat them. We want to thank all of our junior varsity and middle school runners for an amazing season. We now move into postseason running. The Monarch XC team has 1 week to mentally and physically get dialed in. We will run at Spencer next Wednesday. The top 15 individuals will qualify for state and the top 3 teams will qualify for state.</p>			