

Monarch Cross Country Denison-Schleswig Invite 9/27/11

Conditions: sunny, 70, breezy

Girls Varsity

NAME	PLACE	TIME	LAST RACE	LAST YR.	NOTES
Kassidy Pieper	12	17:34	17:58		medal, AOM
Amanda Willems	22 (21)	18:07	17:50		medal
Allie Ahrenholtz	23 (22)	18:09	17:44		medal
Alyssa Rihner	34 (33)	18:35	18:11	18:45	
Alexa Beeck	37 (36)	18:42		18:35	
Emily Blum	38 (37)	18:45	18:12	19:49	
Bailey Dammen	67 (63)	21:01	19:48	19:23	

Winning Runner: Jessica Feldman, Harlan, 16:07

Number of Finishers: 82

Girls Varsity Team Scores

SCHOOL	SCORE	SCHOOL	SCORE
1) Harlan	28	11) Ridge View	278
2) IKM Manning	102	12) AR WE VA	337
3) CBAL	102	13)	
4) Woodbine	106	14)	
5) Missouri Valley	114	15)	
6) Denison	124	16)	
7) Kuemper	203	17)	
8) MVAO	223	18)	
9) Boyer Valley	234	19)	
10) LOMA	239	20)	

Comments: Great racing efforts tonight by the varsity girls. They had a fast start to their race, really attacking the first mile as we have worked on. The first mile times are where they should be. Their hill work has paid off as they all passed people going up each hill in the race.

We will work on strategy for the second mile in their race as we go into the last few weeks of the season. The girls are running well together as a team. They really feed off each other nicely during the race. Keep it up!!

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Boys Varsity

NAME	PLACE	TIME	LAST RACE	LAST YR.	NOTES
Cesar Aguilera	10	17:39	18:41		medal, AOM
Josef Rogers	15	18:04	18:36		medal
Blake Miller	34	18:30	18:55		
Ivan Aguilera	45	19:02	19:28		AOM
Calvin Snitker	66	19:54	20:03	19:46	
Raphael Ayala	67	19:58	20:13	21:37	
Drew Seefeldt	77	20:39	20:15		

Winning Runner: Ted Hanson, MVAO, 17:10

Number of Finishers: 100

Boys Varsity Team Scores

SCHOOL	SCORE	SCHOOL	SCORE
1) Storm Lake	33	11) Woodward Academy	261
2) Harlan	130	12) LOMA	282
3) Missouri Valley	130	13) Ar We Va	374
4) CBAL	136	14) IKM Manning	391
5) Boyer Valley	141	15) Woodbine	399
6) Denison	170	16)	
7) MVAO	179	17)	
8) South Central Calhoun	182	18)	
9) Kuemper	249	19)	
10) Ridge View	249	20)	

Comments: The boys team ran in much better form than last meet. They had an awesome start to their race and really ran a fast first mile which helped to reduce their times from last meet. They are learning the parts of their race that they need to attack better. They all hit the hills hard tonight and that was a great advantage for us. The boys team is really starting to work together through their race. We will continue to work on the second half of the second mile. Keep up the great work!!

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Boys JV

NAME	PLACE	TIME	AVE/MILE	LAST YR.	NOTES
Jayden Chapman	7	19:53			
Lyle Weber	20	21:04	21:29		AOM
Justin Myers	42	22:25			
Ben Claypool	45	22:33	21:43		
Riley Sondag	54	23:19	22:25	23:18	
Alex Loarca	74	25:50			

Winning Runner: Fernando Ramos, Storm Lake, 17:22

Number of Finishers: 87

Boys JV Team Scores

SCHOOL	SCORE	SCHOOL	SCORE
1) Storm Lake	16	11)	
2) South Central Calhoun	82	12)	
3) CBAL	111	13)	
4) Woodward Academy	134	14)	
5) Denison	147	15)	
6) Missouri Valley	161	16)	
7) Harlan	164	17)	
8) Kuemper	190	18)	
9) Boyer Valley	197	19)	
10) Woodbine	216	20)	

Comments: The JV boys really had a nice race effort tonight. They all attacked their first mile and the hills were an advantage for them also. Keep having fun and working hard!

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Girls JV

NAME	PLACE	TIME	LAST RACE	LAST YR.	NOTES
Maloree Gaspers	10	20:47	20:37		ribbon
Emma Lally	17	22:31	19:54	24:27	ribbon
Hannah Brus	23	23:54			ribbon
Kat Wigg	24	23:58		28:28	ribbon, AOM
Bianca Pizano	DNF			18:05	

Winning Runner: Morgan Meyer, Harlan, 17:58

Number of Finishers: 30

Girls JV Team Scores

SCHOOL	SCORE	SCHOOL	SCORE
1) Harlan	15	11)	
2) CBAL	49	12)	
3)		13)	
4)		14)	
5)		15)	
6)		16)	
7)		17)	
8)		18)	
9)		19)	
10)		20)	

Comments: The JV girls continue to work very hard in practice and push themselves to improve. Tonight's race was a great running effort especially for their start and hill work. Their surges up the hills were awesome to watch. Keep up the hard work!!

Monarch Cross Country

Conditions:

Middle School

NAME	PLACE	TIME	AVE/MILE	LAST YR.	NOTES

Winning Runner Boys:

Winning Runner Girls:

Middle School Team Scores

BOYS TEAMS	SCORE	GIRLS TEAMS	SCORE
1)		1)	
2)		2)	
3)		3)	
4)		4)	
5)		5)	
6)		6)	
7)		7)	
8)		8)	
9)		9)	
10)		10)	

Comments: